Chapter 1

Cancer

Statistically, the FDA has become a far greater threat to the safety of Americans than terrorism. Consider this, if a terrorist set off a nuclear bomb in a football stadium, killing 50,000 people in an instant this would only be half the number of Americans killed each year by FDA-approved drugs. And yet the FDA shows no signs whatsoever of reforming its criteria for drug safety or divesting itself from Big Pharma influence. In fact, thanks to the U.S. Senate, the FDA will soon be even more financially intertwined with drug companies who pay "user fees" to the FDA to have their drugs approved.

In a world of cancer there are many many ways of contracting it, normal standard medicine really only has three ways to handle the problem slash, poison and burn.

They do not seem to accept the fact that this world, this biosphere, has everything that is required already in it to fix, repair or cure any possible problem or sickness that has been created by this environment or by our mishandling of material in this environment.

There are many natural methods of attacking the cancer problems on this planet. I can without a doubt list for you many testimonials supplied by individuals who have tried various methodologies of treating themselves successfully.

The interesting thing is most people do not try to find out the natural remedies until the normal medicine route has been tried and exhausted. Isn't it a pity people have to be desperate before they will try, in desperation, natural methods, products, substances or herbs?

There are many ways of beating cancer; the biggest single problem is the fact that a lot of the information has been suppressed and the reason? The reason for suppression has been money to get gain.

Large pharmaceutical houses will not spend the time and the money in research of a natural product simply because they cannot patent it.

As you read this information, we will tell you where you can purchase the products that we will speak about, we will give you information that your own doctor will not or cannot tell you about, sometimes because they do not know. There is information contained herein that you will find in few other places. These are not collated together in the one place, as you have at your hand now, and indeed as new information comes to hand we will update the book/site.

If you come across information that is not contained herein and the product has a good viability we would like to know about it.

We will suggest some books that you might read. These will be extremely interesting. These books teach you to understand the underlying causes of cancer, and how you can undo these affects. As you read and understand you'll more and more come to the realisation that most of these problems are self-inflicted.

The information we will give you deals with all types of cancer, lung, prostrate, breast, colon, ovarian, liver, pancreatic, mouth, bladder, kidney, thyroid and bone.

I could go on and list every cancer that you ever heard of, but I'm sure you get the idea.

Many people, in taking charge and responsibility for their own health have used the information contained in these publications to beat their own personal cancer demons and are still living to tell us about it.

All cancer is not the same, different cancers require different treatment, and you must decide which item or product will work for you and your cancer, or so the medical profession says.

Again, most people do not realize, even if they are taking standard medical treatments, effectiveness can be enhanced by the use of natural supplements. The Chinese, I understand in treating someone for cancer indicate to the patient that they should use natural products to help the recovery.

Our problem has always been that natural medicine has been called alternative medicine. When in fact, it is our modern medicine, allopathic, that this is the alternate medicine, given the fact that this so-called alternate medicine was around for generations before our slash, poison and burn methods.

Cancer has been around for long time, have you seen the pattern of advances in the treatment of cancer as

a result of Cancer research. That is correct, none. Therefore it will be with us for a long time to come.

However, it is only in this the 20th century, this enlightened era, that cancer has exploded.

(1)

This may well be due in large part to the excess of toxins and pollution finding its way into our

atmosphere, food, fruit and water. I'm also sure that the use of microwaving in the preparation of a food

doesn't help. I'm sure you've heard the story about the nurse who during an operation discovered that they

were running out of warmed blood; she took some chilled blood and heated it in the microwave oven, the

patient died.

(2)

We are doing many things in our everyday life to weaken our immune system, we are not doing it on purpose, but we are altering the internal environment of our bodies by what we eat and drink.

The timeline for most people with cancer is as follows: the individual suspects for one reason or another that they have something wrong with them, they go to the doctor. Tests are made and a diagnosis confirmed. For this individual then, it is down the road suggested by the experts and we are into the cycle of cutting out, irradiate it and poisoning it. Would you like to change this? By the time the patient goes to the doctor for a checkup, it is because they think something is wrong. He has by this time, had cancer for about 18 to 24 months

The medical profession is always telling you that you need to find if you have cancer in your body so that treatment can be started early.

You will learn in here a way for you to check whether not to have cancer inexpensively without going anywhere near a doctor.

Any one of the above has the effect of reducing the effectiveness of human immune system, and indeed when it comes to chemotherapy the doctors know that it is a race against time. It is a race as to see which will kill the patient, will cancer kill the patient or will the chemotherapy kill the patient. It is the toss of a coin.

Our body has the ability, if healthy and strong, to kill off most cancers cells found in the body, it is only when our body is too weak to fight that the cancerous cells find themselves in the ascendancy. When we find ourselves in trouble our immune system is so weak that we cannot handle the tumors or growths, because more cancer cells are being produced than our body has the ability to overcome.

So here we are sitting in a world that is beautiful. It has the ability from nature, the fauna and fauna to produce many items of healing nature. Many people in this world use Ventolin to help with asthma. What most people don't know is this; Ventolin was produced from the leaves of a Mediterranean plant. This means that people in the Mediterranean, used to chew the leaf and get relief for their asthma. At this point, we have something that wasn't tried and tested by the medical world. They then take the leaf, isolate the active ingredients, patent it and sell to us. Probably at the same time warning the people of the Mediterranean they could no longer use the leaves.

There are many many medical products that came by the route; pharmaceutical houses don't want us to use anything that they don't have their financial claws into.

The wonderful thing about another item, which wasn't meant to get out into their hands and into the hands of others like us is the Internet. This was only designed to be used by governments between themselves and the universities, however this got completely out of hand and here we have it today as one of our best sources of information, and how they would like to close this down. Sorry it is too late; the genie is out of the bottle.

Because of this they cannot hide or suppress the fact they, cannot control the distribution of information, any more.

We are able therefore, to pass information to each other and make information available to others which would otherwise be unavailable. They are no longer capable of controlling the flow of information, this is why you are able to read this today.

My grandfather had a statement; he would ask me, what is the difference between a blind man and a man that will not read. There is no difference, neither is getting the information they require, one because he cannot read the information and one because he will not read the information. So most people do not start to look for information relating to cancer until they have it. At this point, they usually choose to go down the normal medicine road first, and it is not until their immune system has been thoroughly compromised and the doctors tell them to go home and die as they can do no more for them that they look for another option.

It is at this point that the patient, not wanting to die, starts to look around to see if there are any other possibilities. It is a real shame that they didn't, before they were totally compromised, do some study and look for other method, products and systems.

If they started to look at the time when they originally got the cancer, or better still, as mentioned above, if they found out they had cancer a year and a half to two years earlier, then perhaps at the very least it they could have used both method, just like the Chinese have been doing for years. They might have made their life little easier, and indeed they might done what others have done and cured themselves.

So what am I saying to you today? I'm saying that if you're looking at this text you properly have cancer, or someone you love has cancer. Either way, action is required, action by you or the individual with cancer, if it is not you, then direct your friend to this book or site so that they might read this material for themselves.

In the world today, we are constantly, unbeknownst to us, bombarded by man-made chemicals; water that is treated with poisons i.e. chlorinated and fluoridated, there is also electromagnetic radiation, and multiple other toxins and pesticide. There is, after many years of use by the farmers concerned, an indication that using super phosphate on the land is counterproductive. The product from that cultivation is causing a problem with our body, with our body being in fact poisoned from this source. See the book, “CANCER, CAUSE AND CURE” by Percy Western. This man lived till he was 101 years of age, he might know a thing or two about staying alive, and surviving cancer as he and his wife did.

The medical world is at last beginning to come round to the idea that it is the nutritional value of the food that is important to us. However, what we've been doing over the years has been weakening our system by allowing the manufacturers to overprocess our food. We have gotten lazy and not prepared our own food. We allow the farmers to overcultivate the land. The farmers do not let the land lie fallow any more; they try to make it 100% productive. They do this by using super phosphate, or some other man-made fertilizer. We find in these situations that the land grows crops, but that food is badly missing essential mineral, but ultimately the land tells them, no more, I'm going on strike, I’m not going to grow anything, see how you like that.

We burn the candle at both ends and yet we expect to remain healthy; we don't get enough sleep and expect we will remain healthy. We don't eat correctly and expect to remain healthy.

In the book “LIGHTS OUT, SLEEP, SUGAR AND SURVIVAL” by the authors T.S Wiley and Bent Formby they indicate if you don't get 9 ½ hours sleep in total darkness, you will not recharge your immune system completely. How many of us get 9 1/2 hours sleep in total darkness?

Therefore, because of all the stress that we put on ourselves, because of the toxins we ingest and because of the lack of essential minerals in our diet we suffer the consequences. The consequences are illnesses and included in this bracket, is cancer.

In today's world, the amount of people who are diabetic is enormous. Most of them don't realise it is the refined carbohydrates that cause the problem. The carbohydrates digest so quickly, they act as though they were sugar, they act like sugar, and cancer cells love sugar. On the subject of sugar and sugar diabetes - how would you like to reduce your sugar levels without the use of any of their pharmaceutical drugs?

For you to actually defeat cancer, you don't need to understand the exact cause or causes. However, you do need to understand the process is one of changing or reversing the conditions you have lived with and which you may not have been aware of. Yes, you need to change your diet, yes you need to find out the things that will help you wake up, and then religiously regularly take them as though your life depended on, because it most surely does. If you want to live, is this too big a price to pay?

As I indicated to you previously you will not find on the site or book any offer to sell you any product. I will point you in the direction where you may purchase product or products.

The reason the medical profession applies radiation therapy and chemotherapy is to try and kill off the cells that they think are cancerous cells namely, the fast growing cells.

There are natural supplements that could do an even better job in killing the cancerous cells. The difference is these supplements won't ravage your body. A few supplements are potentially toxic when we use too much of them. You should always use supplements that don't fall into this category, and in conjunction with your health professional chose the supplements you should use.

Numbered among the potentially toxic ones are B-17 Artemisia and cesium. Or is it? Or is the supposed toxicity part of the duplicity. You will find out as you read on.

Have you ever wondered why, if there are safe products on the market which can indeed neutralise cancer in the body why the health professionals have never told you about these?

If you spend a few moments and think about those great news stories where some brave individual doctor, some qualified individuals, has treated cancer with alternative methods and herbs and have you seen the reaction of the powers that be?

Have you ever watch the religious zeal with which they lean on the doctor for prescribing products which are not mainstream. Indeed in more than one case in the US of A doctors have found themselves in jail. Needless to say, not too many are willing to take a risk. In Australia, there was a doctor in the city of Perth who was curing cancer by a non prescribed method for years, he had been approaching the powers that be asking them to check his figures and his cure rates. Never happened.

All the medical profession would say was that his figures were no better than every else's yet, the testimonials from people who had been helped by him were extremely impressive. These testimonials came from people who had been helped recently and in years past. The only people that have found a way to him were the people the medical profession had already abandoned. Then when he cured them, the medical profession don't like it, and on more than one occasion said the people had been misdiagnosed. So this has been going on throughout history, where all the individuals, the doctors and scientists, who go against the mainstream, are persecuted. I'm sure you remember from history, when the first steam locomotive was built and was pulling carriages with passengers. The doctors of the day, and the scientists said that we needed to have a man walk in front of the carriages waving a red flag. Why was this? Well according to these learned doctors and scientists of that day, man would die if they travelled over 30 mph. These same doctors and scientists are the ones that didn't want Christopher Columbus to go in search of a new world because the world was flat and he would fall off.

This is all in the dim and distant past, here is the interesting thing and this is not in the too distant past. When the first American astronaut was put into space the same learned doctors and scientists were telling the American president to get him down after one circuit because man wasn't meant to live up there and he would die.

There is always an attempt by the establishment to maintain the status quo. It doesn't matter what you are working on whether its a cure for cancer, or a carburetor that allows a vehicle to travel 120 miles on 1 gallon, or indeed, a vehicle that runs on water, the scientists and doctors and governments will always know better, and impede your progress at every possible step. Let me share, one more interesting fact with you, the Second World War was up until the very last stages of the war

when Germany managed to get some jet air craft into production, mostly fought with aircraft, driven by piston engines. However in the 1938, and individual by the name of Whitney of Pratt and Whitney fame, offered the British government the jet engines. Obviously, the brilliant people running the establishment knew that pulling air in one side of an engine and pushing and out the other side could not make an aircraft fly. Again, so much for the brilliance and in this case another brilliant idea lost to America.

Another thing that is coming to light just recently is that while a lot of us take minerals there is research which indicates what we take is not necessarily easily recognized by the body. They just do not work as well as totally natural products. What I'm trying to say is this if you require some Bromelain, which comes from pineapple, it would be better to eat pineapple than to take the capsule or pill.

They do work in the body but they don't work as well as the real thing. Nevertheless, I digress, these natural supplements and vitamins we take, not drugs, do not make the multinational drug companies any money, therefore their surrogate, the FDA does not approve of our using vitamins and minerals and they would like to stop us. Also most doctors will consider the vitamins and minerals are not proven and therefore most doctors will not use them. Not proven is not the same as not working, of course there are many doctors that don't even know anything about them.

You might be fortunate and find a doctor in your area with an open-minded approach in spite of what the FDA says. You might find that he is willing to use whatever he can to achieve the result he wants i.e., helping his patient live and survive. I have the GP friend who was absolutely brilliant, and his attitude was that he would send you to a witch doctor if he could cure you.

Is it not interesting that there are many people who know sugar is a major problem with regards to cancer, and yet no one seems to pass this on to the patients? Doctors don't want to know about nutrition or maybe it is that they know nothing about nutrition and therefore cannot tell us? It is widely realized, cancers prefer sugar as a fuel, yet no one is ever given any advice on cutting down on the sugar intake, or indeed in cutting it out.

If we taught people that they could slow the cancerous growth by controlling the fuel the cancer is using and patients could allow the immune system to slow down the cancerous growth, we'd then be in a better position to use radiation, surgery and chemotherapy after the bulk of the cancer or the tumor was reduced.

In effect, what we are saying is that we should encourage people to moderate their diet and teach them about nutrition. Keep the sugar levels down and at the same time work to bring their pH level in balance or more towards the alkaline. A former US Air Force researcher came to the conclusion that the chemical is hydrazine sulphate, could inhibit the body making sugars from amino acids. His work indicated that hydrazine sulphate cancelled and reversed Cachexia in patients with advanced cancer.

He ran a placebo-controlled trial of 101 cancer patients; giving them hydrazine sulphate three times a day. 83% of the hydrazine sulphate patients after a month had improved, in no way did it compare with only 53% on the placebo.

One of the interesting points about hydrazine sulphate is, that is literally dirt cheap, and could this be the reason why it is kept suppressed all these years.

In other chapters, as you read on, you will learn more about Hydrazine Sulphate, Glyoxal and Methylglyoxal to name only a few, and we will tell you where, you might be able to purchase some of these products.

Scd

Wrcd

http://www-dep.iarc.fr/

ishttp://www.dailytidings.com/2005/0606/060605c2.shtml

Dr Joseph Gold

Chapter 2

The relationship between oxygen and cancer

Most people are aware that oxygen is vital and necessary for our continual survival, but there are circumstances where oxygen is indeed a problem for our systems.

It seems that with oxygen, a delicate balance is required. In that we are in trouble if we do not get enough and we are again in trouble if we get too much. If you were above, 10,000 feet in altitude for longer than one hour you would find changes occur in your body. One of the changes is that your eyes would fail to perceive different shades of colour. You will be in a situation that is called, Hypoxic, which is oxygen starvation.

On the other side of the coin if you were fed 100% oxygen you again find yourself in trouble; you would in fact be poisoned by the oxygen.

And yet, one of the underlying causes of cancer is low cellular oxygenation. In newly formed cells, low levels of oxygen cause damage to respiration enzymes and when this happens, the cells cannot generate energy using the oxygen, and these cells then turn cancerous.

In the book, “THE PRIME CAUSE AND PREVENTION OF CANCER”, written by Dr Warburg in 1931. He stated,

“The cause of cancer is no longer a mystery; we know whenever any cells are denied 60% of its oxygen requirements, cancer occurs”.

All the healthy cells in the body meet their energy needs by the respiration of oxygen. The cancer cells on the other hand, using the sugars that we present to the body in its various forms, use these sugars for fermentation. The cancer cells meet a great deal of energy from this method.

Warburg’s contention was this, if the cell had to produce its energy by the fermentation process, then, these cells may in fact in time become cancerous, what he was saying was, if these cells can not produce energy in the normal fashion they will use the sugars in the system for fermentation as an alternate method of gaining their energy.

As usual, the scientists and doctors cannot even agree with themselves and they work on the basis of peer review. Sometimes, however, it appears that peer review isn't as good as it should be. The reviewers sometimes have a vested interest in the status quo.

There are however a number of scientists, who would agree with Warburg’s.

It would appear from various people's research, low oxygen levels in the cells causes cancer. Cancerous cells don't seem to want to live in a high oxygenated environment.

Kizer biochemists explains that if you have 95% oxygen saturation in a cell, this would be lethal to a cancer cell, whereas normal tissues are not harmed in any way whatsoever at all by high oxygenation.

I wonder if we should be using hyperbaric Chambers to treat people with cancer. This would mean that the cancer cells would be killed where normal cells would not in any way be harmed. This seems to like a win-win situation. Why don't we do that?

I suppose there are many methods and reasons why a cell should become less oxygenated than normal, but I would suggest that probably the biggest single factor has to be lifestyle. These lifestyles in some cases, we choose, and sometimes we are forced through no fault of our own to accept again, unbeknown to us, toxifies our system. By this I mean, sometimes we are taking foods that are being grown in environments which are not good for us. They grow in environments that are lacking in those essential elements, and at the same time we have a double whammy, if the farmer is using pesticides on his crops.

On the topic of oxygen. There are reports that the atmosphere is becoming depleted of oxygen, that is to say we are not producing as much oxygen as we should or could and that pollution is killing our oxygen off. When a cell is loaded with toxins it has a problem in taking in nutrients and getting rid of waste. Contained in the cancerous cells in the waste, like every other cell, is lactic acid, but in the case of the cancer cells this production is in excess.

I'm not telling you what you do not know already; lactic acid is in itself toxic, one of the things you may not know is it tends to stop oxygen being moved through the system from cell to cell. Now think of what we have just been discussing – toxicity. Then we have the medical profession, dumping into people whose system is already compromised, poisons in the form of chemotherapy. They hope that because the cancer cells should be a little weaker than the normal cells, the cancer cells will die first, but this is not a normal situation, the system is already compromised because of the cancer itself. Even without treatment.

Nevertheless, there is another contributing factor here, in that radiation and chemotherapy damages the respiratory enzymes in healthy cells. Nevertheless we poison the patient, because we are hopeful of killing the cancer cells. However at the same time unfortunately, we are damaging their healthy cells. This seems totally ridiculous. If you consider the success rate, the overall success rate of chemotherapy is 3%, you must ask yourself why would you submit to this treatment?

Joel Wallach, in his DVD makes the point that there is one type of white blood cell that kills cancer cells by injecting hydrogen peroxide into them. However, how do we get oxygen into the cells? We cannot do this by breathing deeply, it all depends on the amount of hemoglobin available, and it depends on the pH balance of the body. So how do we get oxygen into the cells?

Perhaps the biggest single factor here would be the pH level of the blood, and it is vital that this is kept at the correct level. This takes focus and determination and again it is all to do with changing one's diet, ones lifestyle and one's overall long-term attitudes.

Scd

Wrcd

Chapter 3

Balancing Act

There is a myriad of authors and books that deal with the acidic, alkaline balance in the blood. Here are a number of books that I would suggest you read.

Name of author	Name of book.
Sang Whang	Reverse Ageing
William Howard Hay	A New Health Era
Theodore E. Baroody	Alkalise or Die

The body, working normally, tries to maintain the correct PH balance. There appears to be a lot of research indicating that cancer survives and thrives in an acidic environment.

So the task is to help the body maintained the PH balance the body requires which is neither too acidic nor too alkaline. We can do this in a number of ways. One would be to stop taking into a body all the food and drinks that are not good for the PH balance. This would be meats, grains, sugar, and almost every soft drink on the market, as these are either stuffed full of sugar or of themselves extremely acidic.

You have to look at the foods you eat and decide which ones are high in acid and which ones are high in alkalinity.

We can build a chart showing you all the foods and drinks that were acidic and alkaline, however, someone has done it much better than I could, and so rather than reinventing the wheel, there is a whole chart that you could reference by going to *www.a-better-way.com*. In this website, they give you a whole breakdown of the different types of foods, and where they fall in the alkaline acidic scale.

The interesting thing about bodies, this wonderful self healing machine of ours, is the fact that it will scavenge from any part of the body what ever is requires to maintain the correct PH balance. Herein then is the real problem, on the occasion when a body becomes too acidic, the body will immediately begin to pull from other areas of the body those items that will help keep the body in balance. The most commonly know one or these would be your teeth. When the body needs calcium, to bring their PH balance back, it pulls the calcium out of your teeth.

Nevertheless, this is only part of the story. We sometimes forget, because we look at ourselves as a whole body that we are made up of individual cells, when these cells get too acidic the body starts on a self-destructive chain reaction. The body will deposit acidic substances in your blood to get the acid out of the body and to remain slightly alkaline. However, this whole process causes your body become even more acidic and more toxic, which then results in the cells having a decrease in their oxygen levels, causing some of the cells to die and when they die, even more waste comes out of the cells, and this is acidic, which makes the body even more acidic. Moreover, the danger is that some of the cells might adapt so well that instead of dying these cells can become cancerous.

So it is important that we maintain our PH balance. When the body becomes too acidic it can weaken all the body systems and it is thought when this is a case, the body is subject more easily to disease. Whereas when the body is in an alkalinic state, the body is better able to resist diseases, including cancer.

I indicated above, that Dr Hay in his book said that all diseases caused by autotoxication, or self poisoning. The normal healthy range of PH for the body runs from 6.0 to 7.5, under six this is more acidic. The higher the number the more alkaline.

There is a large body of evidence that indicates that the PH levels in the body is critical, even a mild case of acidosis is a cause of many problems in our life. They include yeast /fungal growths, cardiovascular damage, diabetes and obesity, premature aging, bladder and kidney conditions, low energy and chronic fatigue. This is due to a lactic acid buildup which also causes aching muscles and joint pain.

I did cover earlier what causes us to become acidic, the simple reason for becoming acidic, is our diet. Typically one that is too high in animal products such as meats, egg, and far too few fresh food, fresh vegetables etc. Unfortunately, society today goes for overprocessed white flour, and processed sugar.

There's an interesting story about the South American sugar farms. It is reported the workers in the field never had any problems with sugar diabetes, whereas their masters had. The difference was that the workers, were eating the sugar cane, i.e. unrefined sugar, whilst their masters were using refined sugar.

According to Gary Tonsky, when the body cannot get rid of the excess acids in the system such as phosphate and chloride, which we have put into system through alcohol, stress, beverage and pharmaceuticals, these throw off our pH balance, creating an acidic environment in the body.

When this happens the body has nine ways to neutralise acid waste and those are as follows:

(1) Increase oxygen through increased respiration.

(2) Use amino acid bypass, which works to bind acids for removal through the skin (through sweat).

(3) Use high pH body fluids such as lymph and saliva to dilute and neutralise acid residues.

(4) Use available electrolyte buffers such as mineral ions discussed above.

(5) Filter and eliminate acid salts via the skin urinary tract, colon and the respiratory system.

(6) Manufacture bicarbonate buffer from carbon dioxide and defuse it into the blood plasma to neutralise acids.

(7) Steal buffering materials from other parts of the body such as bone, teeth, joints and muscles.

(8) Push excess acid to outer extremities as a storage bin away from vital organs.

(9) Dump acid into blood and vital organs

If your body is forced into taking any of the three last steps outlined above then you are in big trouble. When the body commandeers materials from far away parts in order to preserve the pH of the blood and support vital organs, several mineral deficiencies can and will result.

He also makes the point that when the body dumps acid into the blood or in vital organs, serious chronic disease conditions such as cancer, diabetes, heart disease and debilitating arthritis can result.

"When all nine protection phases are overwhelmed" Dr Tunsky says, "the end result is the accumulation of toxic load. It overloads the filtration system, elimination routes, cells and immune system leading to premature death and disease. These nine intelligence systems are what keep you alive. The path of least resistance is going to be your target organ (s) for the storage of toxins, transferred from the bloodstream. If the acid is stored in the pancreatic beta cells that produce insulin, the fancy disease label is diabetes mellitus. If the acid toxins accumulate in the colon, you will exhibit diverticulitis, Crohn's disease, leaky gut, constipation or colon cancer. Take your pick. If acid toxins accumulate around the myelin sheaths it is called multiple sclerosis. The list goes on and on."

Chapter 4

The Indian cancer solution.

Indian researchers have taken a fantastic and gigantic step forward on the road to proving research that was done sometime ago by other doctors including , Albert

Szent-Gyorgyi, a Nobel Prize winner in 1937, for his discovery of the vitamin C. He has many other discoveries to his name.

In 1963 he made an amazing discovery and breakthrough with cancer. He discovered two substances, one which inhibited cancer cell growth and the other, which promoted cell growth and made the cancer cells grow even faster than normal.

In 1967, his laboratory had isolated and manufactured a form of carbonyl compound called Methylglyoxal.

He ran some extremely interesting, animal studies and found that this drug stops the growth of cancer cells, and at the same time does not poison other healthy cells in the body. We normally have this compound in our body in the sufficient quantities to keep us cancer free.

He also indicated that if a cancer cell cannot grow, then we don't need to do anything more, it will die of its own volition, this is known as apoptosis. These Indian researchers have taken a gigantic step forward, and are telling the world that this drug will selectively target cancer cells without harming healthy ones.

These Indian researchers, unlike Dr Szent-Gyorgyi, used human beings and not mice for their research, and believe they have found the magic bullet against cancer. They say they have treated patients who were in the very advanced stages of cancer, and for whom all treatment had previously been unsuccessful, with this treatment bringing them back to excellent health.

This research the Indians have been doing has been going on for more than a decade and the drug is being developed under a project funded by the Department of Science and Technology and the Council of Scientific and Industrial research in India.

They indicate that of 19 patients treated for the condition, 11 have been in the most advanced stage of cancer and now seem to be in excellent physical condition, five are in stable condition, whilst only three have died during the course of the study. It would appear that since the results were published the number of patients treated

has crossed the 40 mark, and they are showing as large as 70 per cent success rate.

It would appear Methylglyoxal is a successful treatment for different cancers. Those cancers include colon cancer, acute leukemia and non-Hodgkin's lymphoma, also ovarian cancer, breast cancer, liver cancer, lung cancer, gallbladder cancer, pancreas cancer and oral cavity cancers.

These trials have been going on, from January to June of 2000. The drug was administered orally for approximately 6 months with the daily dosage reduced gradually from 25 mg per kilogram of body weight initially. The researchers were gratified to find, and confirmed Dr Szent-Gyorgyi's theories, that Methylglyoxal selectively kills the cancer cells without affecting normal cells, and exploits any significant biochemical difference between the two types of cells.

Researchers have known for years, that cancer cells utilise much more energy than a normal cell, and that they would require ATP. Adenosine-5-triphosphate for survival, Methylglyoxal deactivates, the enzyme Gelyceraldehyde-3-phosphate dehydrogenase, which is required for ATP in the cancer cells, and because it stops these working, the cancer cells die; whilst at the same time, normal cells are not in any way adversely affected.

As indicated above, scientists and researchers have known about Methylglyoxal for about four decades, and its anti-cancer effect on animals. However, as the Indians have discovered, no one bothered to initiate further research, especially with humans. This is why they have themselves decided to conduct human trials.

The researchers also said there had been some concern in some areas about the safety of Methylglyoxal. This was not borne of any of the clinical trials. It also showed that in combination with ascorbic acid, Methylglyoxal had no major toxic effects. They said that there was scope for further enhancing the drugs efficiency.

Scd

Wrcd

Chapter 5

The role of your immune system and cancer.

Does it take a PhD in medicine to work out that a strong immune system works for you, and not against you? Would anybody in their right mind, weaken their immune system on purpose. The real purpose of your immune system, is to fight for you, to keep your body healthy, and it in turn, therefore needs to be kept strong. It is when your body is worn down your immune system becomes weak, worn out and ineffective, we are then unable to deal with even the smallest of problems presented to the body. The common cold, common viruses and cancer.

Have you ever wondered how the immune system works? The human body itself is a wonder in the way that operates and works. The human body is a marvelous self regulating and self-healing system. As part of itself healing, it has what we know as the immune system. In simple terms, the immune system is that part of the body, which looks for and kills invaders.

These foreign invaders can be infections or viruses and your immune system is your first line of defence against them. The system works through specialised cells, and even has a separate system from your blood. All of which work together to attack and eradicate infections occurring in the body.

The system is one of high complexity and of highly specialised cells, and has, as I have said, a completely separate system from your blood vessels. All of which are working together to kill infections your body has become exposed to. The word lymph is from the Greek and means a clear stream. Lymph nodes and lymphatic vessels are part of your circulatory system which carries white blood cells chiefly lymphocytes. The fluid itself, lymph, washes through all the tissues of the body and the lymphatic system of drainage collects and eventually circulates back into the blood. Your spleen is where your immune system meets face-to-face with foreign bodies or infections.

In a bone marrow we have cells that eventually grow into the specialised cells used throughout the body as the immune system. Lymphocyte cells fall into two categories or two major categories one, is B cells the other T-cells. These T-cells mature in the thymus and these cells are the ones which produce the antibodies circulating through your system and then attach themselves to any foreign bodies. They mark them to be destroyed by other amazing systems cells.

Particular T-cells rolled through the blood and the length and breadth of the body looking for these diseased cells, but they can do more than just mark the cells for the destruction, they can also mount an attack on sick cells, cells they do not recognize as being home produced, that is, to seem not to be produced by your own body. The T-cells in effect, are the conductor of the orchestra or the policeman on points duty or the general in a battle. They organise, coordinate and spearhead the attack on the invaders.

The amazing thing about T-cells is they recognize the difference in the invaders. So they will recognize whether a cell is figuratively speaking a triangle, a square, an oblong, a circle, or at any other particular size, shape or colour. It will then send for

a cell of the same size, shape and colour to match so that it can meet to do battle with this particular shape, size and colour and destroy it.

Scd

Wrcd

Chapter 6

Candida and fungal infections.

Technically Candida albicans is an asexual fungus, a form of yeast, and is an agent of opportunistic genital and oral infections. Systemic fungal infections have emerged as an important cause of morbidity and mortality in immunocompromised patients. That is to say those patients with AIDS, cancer and patients receiving chemotherapy, or bone marrow transplants. In addition, there are problems with hospital related infections in people who were considered not previously at risk i.e. specific those in the intensive care units.

Candida albicans is found in the gut flora, and there are many organisms that live in our mouths and gastrointestinal tract. These normally cause no harm, although sometimes overgrowth results in candidiasis, this is often found in the immunocompromised individuals such as HIV patients. It also can occur in the blood and the genital tract, a common name for this is thrush.

Candidiasis or thrush is a very common condition and is usually easily cured with people who are not immunocompromised.

I don't think that the man or woman in this country that has not at one time or another had a fungal or Candida infection. Most of the time, you don't realise that you've got Candida.

A body riddled with Candida causes the immune system to be come severely compromised, the whole immune system becomes totally overrun and totally worn down by continually having to fight an infection.

There is a method of treating this that requires no pills, no portions no drugs nor creams.

One can buy a small device that looks just like an ordinary flashlight or torch. The “torch” is configured so that instead of having a small bulb to provide white light. There are a series of LEDs, some emitting red and others emitting ultraviolet light.

It is reported that the infrared light helps in the treatment and the faster recovery of the following: herpes simplex, shingles, acme, colds and flu, burns, diabetic ulcers, vertigo, itching, rashes, bug bites, pain and one of the most interesting of all, apparently, it can help you get to sleep.

The Russians have been for years critically short of money and because of this they developed a lot more dependence on natural therapies than we in the West.

They have been treating patients with colour, light therapy including infrared and ultraviolet for years, they recently successfully treated 128 comatose patients who had been poisoned by organic phosphate or had psychotropic drug intoxication.

They also treated 22 patients with cancer of the colon and rectum also with great success.

LEDs were developed by NASA, for plant growth experiments in space. It was then discovered accidentally that these LEDs of different colours were effective in the

treating the above stated problems and now this colour treatment therapy is being used with the seals team in submarines.

This then takes us back to our discussion of fungus and Candida.

Fungus and Candida also excrete toxins into the body. This further pulls the body down and weakens it. Candida produces acetaldehyde, which produces ethanol.

Ethanol in our bodies makes us feel tired and weak. We find that we are without stamina, and it destroys enzymes that are required for cell energy this in turn means free radicals are released. This can cause damage to DNA.

Ethanol also stops the body absorbing iron, which is considered one of the most important supports of oxygen in your blood. Also, ethanol in your body keeps the oxygen levels down, and as we have already discussed, the body thrives when oxygenated well. I was reading just recently an interesting method of checking to find out whether you have Candida.

Apparently, if first thing in the morning before and you eat or drink, get a clear glass of water or alternately leave a glass of water next to bed at night, before you sleep. In the morning, when you awake, collect some saliva in your mouth and then spit in to the glass you prepared at the bedside.

Every 15 minutes for the next hour look at that glass of water, if you have a Candida infection there will be strings traveling down into the water from the saliva. Alternately, the cloudy saliva will drop to the bottom of the glass, if nothing develops in a half-hour to three quarters of an hour; you in all probability are Candida free.

There are a number of doctors who indicate they believe fungi is one of the causes of leukemia. These include Mark Bielski, Milton White and Meinolf Karthaus.

In the case of Dr Karthaus he watched some children going to remission from leukemia after receiving an antifungal drug. Milton White M.D believes cancer is an infectious fungal disease. And there is a doctor in Italy, who uses bicarbonate of soda and has indicated that some of his patients have had a complete remission.

Scd

Wrcd

Chapter 7

Cancer-causing toxins.

Today, we know of many toxins that readily cause cancer. Our task is to reduce where we can, these toxic inputs to a body. The unfortunate thing is most of us have problems in that we, ourselves, to a great extent will not take responsibility for what we eat and drink. There are many individuals in the medical world today who are convinced cancer is caused by environmental toxins. There are of course other issues such as we have already discussed, fungus's, viruses, genetics, etc etc but this still doesn't explain why there has been such a tremendous increase over the last hundred and fifty years in the incidence of cancer in humans.

We are becoming more and more aware of the fact that where the immune system is compromised, cancer proliferates. We all know the stories of people, who we have known to be reasonably healthy and gone into hospital for an operation, not necessarily for cancer, and have in a short period of time thereafter come to have cancer.

I am not suggesting their stay in hospital caused the cancer. What I am suggesting is the fact that simply because they had to undergo an operation, the very operation which was required to save them from some other disease, causes the body to work so much harder to maintain the status quo. Indeed because the body is having to work so much harder to overcome the intrusion of the surgery. The body and immune system response mechanism is overwhelmed and then the ever opportunistic diseases can move in, because it is already sitting there waiting. It now has a free run in the body. Cancer is no exception. It takes advantage of the immune system being compromised.

At the risk of repeating myself we all have had friends who have gone into hospital for an operation, a simple operation, and as a result of that simple operation, suddenly discover they have cancer. They then go to the hospital for an operation on the cancer and when they come out the cancer proliferates at such a rate that they are dead in no time. You need to make up your mind now, whether you want to be one of these statistics.

A number of years ago, I heard of a young nurse working in an operating theatre, who needed some more blood for a patient. There was chilled blood available, but she could not introduce the chilled blood into the body, so this young nurse, thinking she was thinking laterally, went out of the theatre and used the microwave to heat the blood. The blood was then introduced into the patient. The patient died. This was the first story that I heard about microwaves being bad for us and I subsequently heard other stories and evidence they may well be bad for food, as they kill all the goodness of the food. Consequently, we no longer have a microwave oven in our kitchen.

What I am trying to do with this publication is to indicate to you many items that you should consider removing from your lifestyle, and at the same time suggesting things that you may put into your lifestyle. One of the other things we should consider making sure you don't put in your lifestyle is genetically modified foods.

There was a case reported recently, where sheep had been allowed to graze on the stubble of a field where a genetically modified crop had been grown, and apparently died. If it does that to the sheep, what might it do to us? Even the FDA resisted their genetically modified foods until their political masters got involved and ordered them to okay it. Every single independent study has indicated abnormal cell growth with genetically modified food.

There are a few different types of toxins in your body , heavy metal and chemical toxicity, but have you ever thought of water toxicity, and how that might be connected to cancer, we hear much about the fact that water is required to be chlorinated in order to be clean.

Did you know that the French nation do not chlorinate water. Instead, they purify the water with ozone. Ozone isn't that bad for us though. It can be if the concentrations are in the air, and we are breathing it. However, the French are using it to purify their water. The reason we chlorinate our water is because we have been sold a bill of goods. The French have a lower cancer rate and the reason for this is in part because they don't poison themselves with chloride. We on the other hand, do not

use chlorine because it's safe, we use it because it's a byproduct of another process and therefore it comes cheap.

It would appear there is a link between cancer and chlorinated water. There is also a link between chlorinated water and heart disease. Have a look at the book by Dr Joseph Price “Coronaries/cholesterol/chlorine.” He came to the conclusion that the basic underlying causes of arteriosclerosis, heart attacks and stroke is chlorine. The Western world chooses to inhale it through their water. We are either stupid or just sadly, uneducated and uninformed.

However, I hear you saying, how do I get the chlorine out all the water? This is an absolute no-brainer, just put the jug of water on the table. Let it stands for 20 minutes and the chlorine will evaporate. When we drink water treated with chlorine, it combines with other natural compounds to form Trihalomethanes, which are chlorination byproducts. These then trigger the production of free radicals in the body. These in turn cause cell damage, which is highly carcinogenic.

However, what chance do we have? We need to take action to protect ourselves. It appears that women with breast cancer have 60%, higher levels of organochlorines in their breast tissue compared women without breast cancer.

Her exposure to chlorine is not just water drinking alone. Think of it, in the shower we are inhaling the steam and your skin, which is in the biggest organ in your body and the most sensitive, it is absorbing the chlorine, all while we shower. So let them have the chlorine in the water, but take remedial action and put the system in our homes that removes the chlorine before the water comes into your home.

We cannot even get a way from pollution and problems even in our own homes, as we walk the halls of our homes. We walk on carpets, these very carpets; they have foam underlay which is a rich source of pollutions, such as formaldehyde. NASA has developed technology called a photo catalyst air cleaner, which interacts with the chemicals given off by your carpets, changing them into harmless carbon and water molecules.

Look around your home at the other chemicals you have in, shampoo, conditioner, skin lotion, toothpaste, face cream, lipsticks, and hand washing liquid.

Also, we have a substance called DEA diethanolamine in some hundred and 25 different personal products available today, which causes skin cancer.

Also, look out for new personal products containing polythene glycol, which is the main ingredient for antifreeze for engines. Would you be surprised to know that you can find this product in shampoos, deodorants, cosmetics, lotions and toothpaste. Propylene glycol is also used for break and hydraulic fluid, as deicer, paints and coatings, laundry detergents, pet foods, and tobacco.

This list goes on and on and on, and here we are trying to reduce the amount of toxins that we take into our body, whilst at the same time in using these products.

Put in link to rub I dub dub

One of the main things that toxins do to your body is to reduce the ability of the cells to oxygenate them and these toxins will damage your DNA. This damage causes cell mutation and cell mutation causes cancer.

You need to get you out of toxifying your body, and you need to get the toxins out of your body.

There are also some everyday products known to cause cancer, for example Amyl Nitrate or “popers” are known to cause Kaposi’s Carcoma. Saccharin is known to cause bladder cancer and radiation used to treat cancer also causes cancer.

Scd

Wrcd

Chapter 8

Free radicals

Whole books have been written about free radicals, and the damage they cause again and again. Those concerns were raised by those of us in the alternative medicine field long before allopathic medicine decided there was a problem.

There has been some interesting research done recently on strokes. Researchers cause a stroke in their research animals, and when they released the clamp that was inducing the stroke they found it was when the blood supply was re-established that the most damage occurred. They also found if they treated their subjects with alpha lipoic acid they could reduce the damage done as the blood supply was restored. They concluded that it was the free radicals that were in fact, doing the real damage. It would also appear as though the body i.e., that is to say the brain, can store a small amount of alpha lipoic acid. So it might not be a bad idea, to keep some alpha lipoic acid on hand, or indeed might not be a bad idea to be taking some.

The whole point of this is the fact that it is free radicals which caused the damage. They also promote cancer by damaging your DNA. So your task is to look for materials that can work to eliminate the free radicals in your system. We have

previously discussed chemicals and toxins that ravage your system through no fault of your own.

We need to consider with care, what we are physically eating and drinking, and I sometimes hear people say, that is too expensive, but in fact, if we adopt Professor Plant's approach, we would be cutting out a lot of items on our diet not adding them. Nevertheless, we do need to supplement our diet to make up for those missing elements, those missing minerals, which are not being passed on to us through our food. Anyway, what is your life worth? That's what we are talking about, your life and or indeed the quality of your life.

However, I hear you saying and thinking out loud what are free radicals? Free radicals are atoms or a group of atoms that has at least one unpaired electron and is therefore unstable and highly reactive. In animal tissues, i.e. our bodies, free radicals can damage cells and are believed to accelerate the progression of cancer, cardiovascular disease, and age-related diseases.

The reason we are more aware of free radicals in this generation is largely due to an improvement in our investigational techniques. We now find free radicals have found a place in the cause of many diseases. Science is now beginning to pay more attention to the results of the damage that free radicals wreck in the body. There have been concerns free radical damage plays a part in rheumatoid arthritis, hypertension, myocardial ischaemia, Alzheimer's disease, cardiac genesis and the injury of liver cells. The reason why science has found difficulty in dealing with the concept of damage by free radicals is probably due to the fact that the free radicals themselves have an extremely short half-life and as a consequence are difficult to study.

We are beginning to understand the role of antioxidants in fighting free radicals. Vitamins E and C are both thought to protect the body against free radicals. Antioxidants act to neutralise the free radicals by giving the free radicals, one of their own electrons. This renders their free radicals the need to scavenge or steal another electron from another cell unnecessarily.

Vitamin E. is a fat-soluble antioxidant, one of the most efficient in the body. Vitamin C on the other hand, is water soluble.

Antioxidants have a role in the prevention of disease. They are thought to prevent heart disease, and they do this by stopping the LDL oxidation, and the artery clogging plaque from forming. It is also thought that taking high doses of vitamin C. will help in reducing the cancer rates, particularly of the oesophagus and mouth and the larynx.

This is where we find that our mother's fathers, grandmothers and grandfathers were absolutely correct. We need to eat our fruit and vegetables, especially fruit. There are also drinks on the market extremely high in the antioxidants, and we would do well to find some of these drinks and start taking them regularly.

One of the highest anti-auction drinks on the market at this time, is a product by Young Living called Ningxia red.

(1) find a supplier of alpha lipoic acid

(2) find a supplier of vitamin C.

(3) supplier of Niangxia red

Scd

Wrcd

Chapter 9

Enzymes that kill cancer

It has been noted over the years that cancer cells all have low enzyme levels. Enzyme therapy in Europe has shown extremely good results against cancer. The enzymes literally eat the cancer cells. In the 1900s John Beard, a Scotsman working in the University of Edinburgh as an embryology's discovered a very interesting correlation.

He proposed that the formation of cancer was a part of the body's normal healing process. He saw how closely cancerous cells resembled the cells surrounding the developing human embryo. He was of course referring to the trophoblast cells and so it has really became known as the trophoblast theory.

He noticed that when the egg was fertilised, with the corresponding change in the oestrogen, and steroid hormone levels that this triggers the trophoblast cells to multiply rapidly. They then invade the uterus wall and prepare a place to accept the placenta or more correctly, this is where the placenta would then form, which is where the umbilical cord comes from to feed the embryo.

He also noticed that suddenly, at the 56 day, this rapid multiplication suddenly stops. It took him some time to work out why it stops.

Also healing. When you receive a physical injury, or there is a cellular injury the trophoblast cells form and this triggers an increase in the levels of oestrogen and hormones, which stimulate cellular repair. In a normal healthy body this whole process ceases once the healing process is well on its way. However, this natural stop mechanism and incidentally, the ability to die, or apoptosis is not present in cancer cells.

More and more people are coming to understand that cancer is a disease caused by our lifestyle, our mental stress and toxins in our environment. Our emotional roller

coaster lifestyle all triggers imbalances in the chemical makeup of the body, which then triggers Cancers.

Normal reaction to problems in the body, sickness and disease is for white cells to go on the attack, but these cannot stop trophoblast cells. This is because both of these, the white blood cells and the trophoblast cells, are both negatively charged.

So wouldn't it be wonderful if these pancreatic enzymes that stop the trophoblast cells in the emerging embryonic stage were available, in later life when we have similar problems of cells reproducing out of control. If these pancreatic enzymes are not there in our bodies, because the pancreas is not producing as it should, we need to do something about it.

This is in fact, what John Beard, back in 1902 said we should do. We should supplement our body, with pancreatic enzymes. Indeed in London in 1911 there were over 40 clinics treating cancer patients with pancreatic enzymes.

By the time he died in 1924 pancreatic enzyme theories had also died, this because of a newer and better invention i.e. x-rays. Then another cancer researcher, Ernst T. Krebs came across Beard's theory in 1942. Dr Krebs confirmed that in fact, John Beard was correct. Krebs was also the man who discovered B-17 or Laetrile.

Laetrile is extremely powerful in dealing with cancer, but the powers that be really got exercised, because it works so well. They then used the fact that B-17, Laetrile contains two toxic elements namely, cyanide and benzyldehyde. You and I both know cyanide is dangerous it can kill people but the body seems to be a lot smarter than some of our so-called doctors and scientists. The body has a protective enzyme Rhodanese, this enzyme neutralises these toxins by converting them to healthy byproducts.

On the other hand, if the tissues are cancerous they has an over abundance of the enzyme beta glucosidase and this, rather than protect the cancerous tissue, causes its demise. This enzyme unlocks or frees both these toxic elements. What is so wonderful about these toxic elements is that they contain this combination of cyanide and benzeldehyde which are dangerous and toxic as they are by themselves. However in combination, when they are unlocked by the cancer cells beta glucosidase they are even more toxic. The cancerous cells lack rhodanese, so as this protective enzyme is not present, the cyanide and the benzeldehyde are

released to attack the cancerous tissue. Remember, the rhodanese protects the non-cancerous cell, but does not protect the cancerous cell.

The governments of America and Australia have moved to restrict people from getting supplies of Laetrile or B-17, this is because, as explained above, the B-17 is toxic, and indeed has cyanide. They use this as a reason why we should not have supplies of B-17. Unfortunately for governments, B-17 is abundant in many sources, and in many foods. Sources B-17/ laetrile include the following: the seeds of other fruits, nuts, greens, sprouted seeds and almonds. Meat is also a good source B-17 provided the animals have not been grain fed.

Another Beard, Howard this time, no relative, came along and devised a simple and inexpensive test for cancer. This test uses the fact when a woman is pregnant, and the body excretes CgH, all cancer cells do exactly the same, they excrete CgH. This test can be given to men as well as women; if a man gives a positive test he obviously has cancer. On the other hand if a woman's test comes back positive and she is not of childbearing age, she has cancer. If she's within the childbearing age, she is either pregnant or she has cancer, rule out by a different type of test whether or not she is pregnant. If she is not pregnant, she has cancer. It is worth restating here, by the time an individual gets sick enough to go to the doctor and have themselves checked to see what is wrong with them, they usually have had the cancer 18 to 24 months.

In applying this therapy, they thought the pancreatic enzymes had to be injected into the body believing incorrectly that the stomach acids would kill off the enzymes. This was found not to be so, and therefore these enzymes can be taken orally.

A dentist from Texas, William Donald Kelly cured himself pancreatic cancer in the 1960s using Beard's theories, and then developed his own "DO-IT-YOURSELF" cancer cure book. It would appear that this has been highly effective in patients who have not been absolutely devastated by chemotherapy, and other allopathic treatment.

There was also a doctor, Dr Nicolas Gonzales, who was sent by the establishment, according to Dr Kelly, to write, and expose him and his treatment. Dr Kelly's account of Dr Gonzales is unflattering, but nevertheless Gonzales spent a great deal of time researching Kelly's work and apparently was impressed. His study involved thousands of patient's records.

From these thousands of records Gonzales interviewed, over 500 patients had been diagnosed (not by Dr Kelly as he was a dentist) with advanced cancer. Dr Gonzales worked at this for over five years and as I have said was impressed with the success rate. Yet no one has looked seriously at his work. So then, from the 1900s to the 1960s, using Beard's original ideas, Kelly, followed up on those ideas, and produced his own methodology. Still round the same theme then we have Gonzales, taking Kelly's ideas apart and interviewing these 500 patients.

Dr Beard, ended up blackballed in the United Kingdom for these ideas and died in obscurity, Dr Kelly gave up the research he was doing, worn down under the endless negative pressure from the medical profession and government bodies. Gonzales on the other hand, set up practice in New York with a view to salvaging Beards/Kelly's idea of killing cancer. If you would like to see a much more detailed description of Dr Gonzales's work go to www.alternative-doctor.com.

It would appear Australia and New Zealand, because they have no history of mad cow disease is an excellent place to obtain supplies of animal glandular products, i.e. pancreatic enzymes.

It would appear that the methodology in using these pancreatic enzymes is to use extremely large doses, reminds us of his Linus Pauling, and his use of mega doses of vitamin C. So they were using large doses of enzymes that contained Pancreatin, Trypsin, Chymotrypsin, Bromelain and Papain.

There is also another doctor in Europe that single-handedly has changed the way that cancer is treated over there. He is Dr Wrba. This man has hundreds of publications, in medical journals. So he educated a whole continent in Dr Beard’s ideas and theories.

One of the problems in defeating cancer is that the cancerous cell membrane is much thicker than that of normal cells. Also the protein composition of the membrane of the cancer cell is much different from that of normal cells. It would appear that proteolytic enzymes eat into the cancer cell wall which then makes it easier for the normal immune cells to destroy the cancer cells.

Beard's description of the effectiveness of pancreatic enzymes on tumors was first explained in 1911. He said the cancerous tumors grew by producing an enzyme called nalignin. This apparently digests the left-handed protein, such as human

tissue. As the cancer continues to grow, nalignin production increases. This in its turn causes and promotes more cancerous growth. The nalignin is a mirror image of Trypsin. This enzyme breaks down the right-handed living tissue. This of course includes the tumor.

Kelly's comments were to the effect that if we had large quantities of Trypsin in the bloodstream this would stop the nalignin's acceleration of tumor growth, because this then stops tumor growth. The bodies natural defence mechanism or antibodies and white blood cells recognize the tumor for what it is and move to attack it.

He was also of the opinion that it is a multiple stage process with Trypsin stopping the production of nalignin. He then said other enzymes are required to break down the starch capsule that surrounds a tumor. It is reported that over 90% of the cancer patients using the Kelly metabolic programme and strictly adhering to it went into remission. Dr Kelly also reports in the early days of his treatments it was taking approximately six months to see the malignancies disappear. Apparently it now takes 18 months or longer before the patient is free of cancer. This according to Dr Kelly is because the companies responsible for supplying the pancreatic enzymes, had been taking out of those preparations the very item that was causing the biggest positive result of the treatment namely Chymotripsin.

A word of caution here for doctors, who would be monitoring your cancers as you start the Kelly programme. Initially you will see a rise in the cancers markers, apparently this is only temporary, and this is because the markers held within the tumours are released into your system and flow into the bloodstream as the cancer cells breaks down. White cells also increase and there is a good chance the tumor may swell as your immune system destroys them.

I have tried to locate some pancreatic enzymes in Australia, and indeed have done so but they are either lacking the two critical ingredients that Kelly said they require, or if they have these ingredients, the quantity is extremely small.

The following website is for a German company, and you will find there product with a good amount of these two enzymes present.

http://cms.mucos.de/wobenzym_site/content1.php?treenode=176&sitename=wobenzym_site&lid=2

Scd

Wrcd

Chapter 10

Cellular frequencies

Every plant, animal, and even the very rocks of this planet have a key vibrational frequency. This frequency can be measured in a number of ways, one of the ways to measure how a cell is performing is to measure its voltage, and the normal voltage for a cell is -70 mV. As a cell gets ill or sick the voltage drops such that by the time we get to between -30 mV and -15 mV that cell is cancerous, and just in case you hadn't noticed when you get to zero, you're dead.

There are different ways of energising your cells. One way is to drink fluids that have been energized. Liquids have an effect on other liquids, if the fluid you drink is vibrating, it will pass on that vibration to the adjoining fluids, as we are 70 per cent water. Another way is to diffuse essential oils in the air, but always used cold diffusion never heat or burn good essential oils. You cannot use oils that have been diluted with synthetics, because synthetics have no frequency. Another method is called PEMF which stands for PULSED ELECTRICAL MAGNETIC FIELD THERAPY.

Insert a link

Pulsed electrical magnetic field therapy should not be confused with the potential danger of standing electric fields or EMF's. These include cell phones, computers, microwave ovens and worst of all, something that we all use extension leads and power boards. Power boards themselves are probably the biggest source of electromagnetic fields.

One of the interesting things about our environment is that it is an electro magnetic environment; it is all around us and always will be around us. The magnetic environment that we live in protects us, but like everything else, if it is not put to the correct use it can be harmful and dangerous.

Vibrational medicine has been around for more years than you would care to remember. It is believed that it originated in China some 5000 years ago. It has also been part of many other nations' traditions throughout the world and down through the ages. There is a tremendous amount of knowledge that has been in this world, but because in the past there was not a written language, all that information has been lost. One of the reasons why this generation's knowledge is growing almost

exponentially is because we have an extensive written language and library where all the information is being stored.

We may look at other cultures we deem primitive, and yet in health sometimes they are much better than us. These primitive cultures may not have understood what they were in fact doing, but they got the results they wanted. There is evidence, from bones recovered in South America for example, they were actually practising successful brain surgery. They were doing procedures we only really learned to do in the relatively recent past.

Science has learned some things which people in the past intuitively understood. The fact that we ourselves now know that each cell in the body has its own electro magnetic field, this is just a recent understanding. Now we know that each cell has its own electro magnetic field, perhaps we are now able better to understand why our environment plays such an important role in well being.

An example of how modern medicine has come to use this information, knowledge and concepts is the E K G. machine which measures the electrical field and current of the heart. Another application of the same idea, which you may have heard about, is the case of the American Embassy in Moscow where women of were getting cancer at an alarming rate. This was largely due to the Russians beaming a microwave right through the embassy on purpose to try and gather intelligence. So here we have positive use of the knowledge and a negative use of the knowledge (depending on which side of the world you live.)

Brisbane, the national broadcaster ABC located in a suburb of Brisbane, moved out of their offices and studios because of the high rate of cancers among the staff. They could not put it down to equipment. It may well have been the fact that that site was just one of high problematic energy.

Scd

Wrcd

Chapter 11

Stress and cancer

In the past there was not a great deal of attention paid to stress, but now we seem to be getting to the stage where we understand that stress and diet play a large part in disease.

Dr R. G. Hamer, M. D., born 1935 Germany. This good doctor as a result of a terrible tragic personal accident, where his son was shot dead, three years later, developed testicular carcinoma. Dr Hamer postulated that it was because of his

son's demise that he developed this cancer. He even gave it the name. He called it the “Dick Hamer syndrome”.

He postulated that he was not ready for the shocking death of his son the “biological conflict shock’ as he called it. He was convinced this event as he put it “caught him on the wrong foot”.

In reaching these conclusions he thought in the first instance, that it only applied to cancer but he then expanded his theory to cover all illnesses. He presented his discovery to the University in the Tubingen and as is normal for anyone who goes off the beaten track, his idea and concepts were rejected. This was in spite of the fact that the University had not even examined one clinical case.

This doctor has suffered at the hands of those wishing to maintain the status quo. They are not interested in the truth, just in maintaining the financial interest of the big pharmaceuticals, which in turn control what governments do and say. He tried to continually open clinics so that his patients could benefit from his research. The court action in 1986, attempted to stop Dr Hamer from practicing medicine, with the reason, that he “failed to deny the iron rule of Cancer and failed to convert to the tenets of official medicine”.

So much for science and doctors having an open mind. Since 1986, Dr Hamer has not been allowed to talk to any of his former patients and was told to find another method of earning his living, provided it was unrelated to medicine. This at the age of 51 is a rough and difficult task. This made it impossible for this doctor to continue any research. Notwithstanding the fact that he had some 20,000 patients, which he had already conducted research on. At this time, then, with no resources or staff he had to obtain the CT scans and the records of the patients related to his research with the help of other doctors and with great difficulty. This means that some of the cases are not as well documented as he would like.

Back to the University xxxxxxx 1986. A court ordered the University to make a determination with regards to the postdoctoral thesis, which he had presented, and of course they did in a way, but it took until 1994. However eight years later, it was adjudged that Hamer's thesis was valid. Notwithstanding this, University said that it would not work to verify the theory.

In 1994, Dr Hamer in continually working to update his system, included five biological laws that cover all diseases in the entire field of medicine. Based on research of 20,000 cases, the science in dealing with these 20,000 cases and the

underlying scientific method, makes it very easy to test this new German medicine as it has been named.

Based on these case studies, peer review has been easy. It would appear that at the moment of unexpected problems or conflict, in the brain there is a shock that strikes at particularly layers. It causes a lesion (now called the Hamer focus). This can be seen in a brain scan, as a set of sharp, concentric rings. When the brain cells receive this impact a chemical signal is sent to the body cells, causing the growth of a tumour or a meltdown of tissue dependent on which part of the brain receives the signal.

So obviously, stress is part of the problem, however, it is not the only problem that causes cancer. So, this is another area where we have to be very aware and attempt to overcome. If we agree that a lower level of immune system health would in effect, increase the potential chance of getting cancer. How much more would the lowering of our stress levels reduce our susceptibility to this dreaded disease?

Maybe the Japanese idea of having an effigy of the boss in a basement room, where the workers were encouraged to visit and talk to the bosses (effigy) with a baseball bat. This is a great idea to release stress. Perhaps a better way would be have the boss himself in front of you while you hold a baseball bat at the ready.

Scd

Wrcd

Chapter 12

The mafia, whoops sorry, I mean, the medical industry conspiracy of silence

Many times people find themselves asking doctors, is it possible to use A or B. or C., and is it safe, definitely the doctor says, it is okay to use A. B. Or C.

Why would your doctor, supposedly your friend not tell you something that may well be beneficial to you. There are a number of reasons why they don't. For the most part, they are embargoed against giving you this type of information. The union, (AMA) the medical societies of this world have thrown them out of the union and withdrawn their licence. In some cases they would orchestrate the good doctor being thrown into jail, just for giving you any information about any natural or alternate of therapies. The doctors also say that their insurance company would frown on them, giving non traditional treatment or suggesting it.

So what do we do? We have to educate ourselves and know how to educate ourselves. What do they intend to do at this stage, are they going to take it lying down? I think not. Have you noticed, that there is subtle change taking place in the medical world. Suddenly, it is not alternative medicine, any more, but supplementary medicine. Why do you think they are calling it supplementary medicine? This is a no-brainer. It is because shortly they will take over the distribution of natural remedies. They will ensure that they are the only dispensers of natural remedies as well as allopathic treatments.

From their point of view, this needs to happen, because more than 60% of the people in the United States last year, tried alternative medicine before they went to the allopathic doctors.

So, they will move to take care of their income streams, and that is what the Codex is all about. Securing natural remedies for themselves away from their non allopathic practitioners, and as they see it protecting you, the patient against them self. At the same time, this will mean that we won't be able to get our hands on those items that we know are efficacious, beneficial and healing without paying through the nose.

There are some interesting results from a survey of ecologists carried out by McGill University in Canada. They surveyed 79 oncologists and 64 said they would not consent to treatment with Cisplatin. This is a drug commonly used in chemotherapy. Within the same study, 58 of them said that they would reject all the current trials being carried out by the establishment, why was this? They rejected these treatments for themselves because of the ineffectiveness of chemotherapy and for its unacceptable degree of toxicity.

If you look on the web, you will see that there are comments about Insulin Potentiation Therapy. Even the Mayo Clinic in its comments is saying that it will not work and no clinical trials have been done on this. This is at best misleading, at worst, it is a downright lie what they're saying is that there is no American studies have been done in this. Therefore, as it wasn't done in America, it is invalid, what a wonderful attitude. Well here are two studies which have been done and proved in the affirmative by

Lasalvia-Prisco E, Cucchi S, Vazquez J, Lasalvia-Galante E, Golomar W, Gordon W. at the Department of Medicine, School of Medicine, University of Uruguay, Montevideo, Uruguay. And another

Jiao SC, Huang J, Sun Y, Lu SX.
Department of Oncology, General Hospital of People's Liberation Army Beijing 100853, China.

So perhaps the reporting doctors were not looking far enough, although it is not difficult to find this information on the web.

It would appear this form of therapy works. Why? Because cancer cells themselves produce insulin. This makes sense when you consider the fact that the cancer cells do not get their energy the way normal do. Cancer cells get their energy from fermentation. It has also been reported that cancer cells have 10 to 15 times more insulin receptors than normal cells, and so when we give cancer cells a little insulin they think they are going to take in glucose or sugar, however, unfortunate for them, they are going to receive a right royal load of chemotherapy.

This, I.P.T. therapy, of course does not suit many oncologists. Much of their income comes from the markup they put on the chemotherapy they supply. So the more they supply, the more they get paid, simple economics.

As you are beginning to discover, regardless of how your immune system was compromised, when it is, it is no surprise that cancer takes over.

It never ceases to amaze me to see patients seeking other options only after their doctor has given up and told them to go home and die. A young man I knew recently was told he had three months to live be told to go and set his life in order and in effect go home and die. He chose not to do that. He chose on the other hand, a number of alternative treatments. Sadly, he still died, but he survived another year and a half. One cannot help but think what would have happened if he had taken from the start those treatments which kept him alive a year and a half longer than the doctors said he would get. In other words, if he had worked at the alternative before the immune system was totally weakened. Or indeed have done both things simultaneously, - the alternative medicine course and the allopathic medicine course.

The Hippocratic Oath that the doctors take as they finish medical School, and before they start practicing (on us) says that they will “cause no harm” and yet our medical profession is replete with the problems that the profession has and still continues to cause. The number of people for example dying in American hospitals due to maladministration of drugs is more than 250,000 people per year. Now that's not too bad as long as you're not one of this quarter of a million. If, on the other hand if you're one of those people it would not be a really happy day.

A reasonable person would have thought that the medical profession would use everything that they had in their arsenal, allopathic and non-allopathic, on the half chance that it would do some good. Our real goal is to give you the information that will allow you to support your body.

Scd

Wrcd

Chapter 13

Zeolite

This substance Zeolite, according to many sources is a prolific cancer killer. The first thing to say about Zeolite is that it is on the FDA's GRAS list.

The Gras's list is a list maintained by our good friends at the FDA and is an acronym for G. generally R regarded A as S.safe. So if an organisation that maintains that vitamin C. is dangerous, tells us that Zeolite is “generally regarded as safe”, we can take that as a very good recommendation. Remember these are the people that if you invented water today would say that was too unstable to use, and that people could drown in very small quantities of it, therefore it would be banned.

Or even worse, you would require either a prescription for water or die of thirst.

There appear to be a lot of negative hype where Zeolite is concerned, with the fact that if you were to inhale, it like any other dust particles, which we do every day, it could be potentially dangerous. This is why asbestos is dangerous, as it is. Asbestos particles on being breathed in sometimes, not always, can cause lung cancer 20 to 30 years down the road.

I haven't seen anyone suggest that Zeolite should be breathed in. They are talking about it being ingested like a food. The Zeolite has a crystalline structure, we eat other common foods with a crystalline structure, spinach for example.

I read on a website of a 14 month study of cellular Zeolite where 65 people, who had stage four cancers, and who had been given approximate two months to live, were given this Zeolite. By the time they were finished the study of 65, 51 were cancer free. Six more were still fighting cancer, but still were with us. Eight unfortunately had died. Nevertheless, 57 of the people were still alive. This works out to a survival rate of 89 per cent and a cure rate of 70%. What would you do, would you take a chance with these aren't those odds, while would you prefer, chemotherapy 3% survival rate. If you played roulette you would have minus (-) 5.4 per cent chance of winning every time you spin the wheel.

Looking at these odds on zeolite of a 70% success, chemotherapy. 3% and roulette at -5.4%, which one would you choose, obviously, you really do not want to gamble.

Have you ever noticed when the naysayer’s or the debunkers want to knock something or someone. They'll invariably make comments such as, “there have not

been normal, double-blind trials of this", "we only have anecdotal evidence", and "it hasn't been proved medically." Alternatively, they attacked the credibility of the person. (Back to politics)

What starts a medical professional setting up experiments? Do they just pick something out of the blue, or do they choose something, someone or a group of someone's has said has efficacy. Because they've tried it. This is exactly what they do. The real sad thing is the majority of these ideas come from non-medical people. I wonder why this is. Perhaps alternative medicine people are more open-minded than our tunnel vision medicos. Then, when they, the medical profession, organise the clinical trials and find the product or idea actually works. Guess who takes the credit. Sorry, no prizes for this answer.

So just because something hasn't had clinical trials does not mean it doesn't work. However even when there has some clinical trials, if you don't like the results, you can always debunk the place where the trial was carried out or the way the work was done. So it is the usual story, if you don't like the message shoot the messenger.

So, if they do not like it, they rubbish it or suppress it. If they cannot succeed in shutting you up, or closing you down, they can always find a methodology of throwing you in jail. They will have no hesitation in breaking their own rules to stop good men trying to do good work. Therefore, if it was not their idea, suppress, if it jeopardises or potentially jeopardise their income, therefore of the usual methods are character assassination, suppression of the true facts, threaten with punitive action, blackmail and jail.

scd

wrcd

Chapter 14

DAIRY

Andrew Tyler in the new Statesman of June 12, 1992, said Quote “there has been no real progress in the last 20 years of extending their survival rates with the most common solid malignant tumours. The ones that kill the majority of people, despite a massive and ceaseless flow of dollars.

He also said two major UK cancer research charities, the Imperial Cancer research fund and the Cancer research campaign were clearly persuaded by the evidence relating to oestrogen levels in breast cancer and therefore by implication were less likely to look anywhere else.

However, the method they prefer to use in reducing the levels of oestrogen is not dietary but drug-related. That is to say they favour the use of Tamoxifen. Their plan is to give this product to 15,000 healthy women, without breast cancer at this time, and chart their progress. The plan here is to see if by doing so the levels of breast cancer in these 15,000 women can be reduced. Remember, none of these women have breast cancer.

Giving drugs to people who show no sign of illness seems to me to be a lucrative way of increasing the profits of the drug companies. Is it peculiar we're always hearing the victory against cancer is just around the corner and we are spending millions of dollars in research looking for that magic bullet? It strikes me were looking for grass to be greener on the other side of the hill instead of looking right here, i.e. look at what we take into our bodies. Or perhaps, what we don't take into bodies.

In 1984, the National Cancer Institute predicted that cancer deaths by the year 2000 would be halved. This never came to pass, in spite of a massive $2 million being spent in 1996. By 1992 the death from cancer in the United States had risen by more than 6%.

The message from a survivor of breast cancer is “even advanced breast cancer can be overcome, I know I did it.” this is a direct quote from Professor Jane Plants.

The World Health Organization has pointed out that most people in the world still rely on natural treatments rather than allopathic medicine.

Professor Jane Plant has a novel and unique idea, we now accept there is a cause and effect with regards to lung cancer, and this is caused by smoking(among other things). Skin cancer is exposure to UV radiation (not withstanding the fact that if in the 1950s you are unfortunate enough in Australia to get skin cancer, the good doctors would tell you to get out in the sun), cervical cancer associated with sexually transmitted human wart virus, and Professor Jane Plant thinks that consuming milk products, any type of dairy, is the real causes of breast cancer.

She believes using milk products sends the wrong message to our system, and indeed to a woman's breasts, thereby causing this cancer. This might seem an absolutely radical, but cigarette smoking, causing lung cancer was a radical idea fought by the Establishment for years. As I said before in the early 50s, if you got melanoma doctors would tell you to go out into the sun. We now know it is that very sun, or more correctly the UV from the sun that causes melanoma.

When Professor Plant examined the evidence, which was available to anybody who was prepared to look with an unbiased eye, and only evaluate the evidence, she saw something very spectacular.

In the United States of America, the breast cancer rate is one in ten (1: 10), whereas, in China. The rate is one in ten thousand (1: 10,000). *This is not a misprint* This is an incredibly large differential Professor Plant tried to work out why this was so by examining what they did, or did not do in China which caused or did not cause breast cancer. The extraordinary conclusion which both she and her husband came to was this fact; *Chinese as a nation do not use milk products.*

They did not use cow's milk to feed the children, nor did they eat cheeses, nor did they use yogurt.

In the 1989, Daniel Carter, of Harvard University studied hundreds of women with ovarian cancer, and the one thing that stood out between the women who had ovarian cancer and the women who did not was one group consumed dairy products. Including those supposedly healthy products of Yoghurt and the other did not.

Another study in 1970 concluded the death rates were low among individuals who were using very little dairy products. Yet another study indicates a direct correlation between breast cancer and those women consuming milk especially whole milk and cheese.

For example, in 1977, scientists examining the incidence of breast cancer in Japan found where there was a significant increase in the consumption of dairy products; there was a corresponding increase in breast cancer rates.

Professor Plant is convinced that she has found a link. The causal effect link between breast cancer and its cause, namely milk products from the cow. She then developed a diet specifically aimed at keeping her breasts healthy, and she maintains that this is what cured her and she has been cancer free for nine years. Not bad for a lady that was told she had six months to live.

She also makes a comment that one should reduce the intake of hormones and eat only foods which contains substances that are protective against cancer. Ensure that your body has nutrients available to it in a bioavailable form. She suggests that some of these are zinc, iodine and folic acid. Also reduce the amount of free

radicals in the body and give emphasis to food organically grown and as fresh as possible.

Also eliminate foods that have been refined, for example, sugar, flour, tinned or preserved. The aim is to eat foods that have not been tampered with by the food industry, and do not contain any chemical preservatives. Chemical preservatives and other additives on the list of ingredients on food labels are usually designated by E numbers or their chemical names. For a list of these things see the book by Peter Cox and Peggy Brusseau by Bantam books, 1998 "Secret Ingredients"

Provide your body with the nutrients to help it withstand and recover from surgery. The British Department of Health, FDA, Harvard University and Oxford University say that diet is responsible for 30% of cancers.

If you eat four to five portions of fruit per day, this will reduce your cancer risk by 50%.

Plant also said that when she went on her no dairy diet, some irritating problems that she'd had for years disappeared -cold sores, throat infections, Candida, thrush, brittle nails and recurrent cystitis. She also noted that her rate of tooth decay had decreased markedly.

She has given this diet to 63 women with breast cancer, all of whom will remain cancer free. She had also given the diet to five other women who refuse to use the diet or who cheated. They have all had their cancer, comeback or have died.

They have also found Chinese green tea and Black tea to prevent cancer in experimental animals.

Apparently co enzyme Co Q10 has shown the ability to make cancer tumours diminish in size.

There are a number of other interesting factors in relation to Professor Plant's book. Professor Plant first published this book in 2001. There was another doctor Dr Kelly, following on with Dr John Beard's work on pancreatic enzymes, who some 34 years earlier than Professor Plant had come to the same basic conclusions.

This individual, a dentist, authored a book, a do it yourself cancer cure book which he called “one answer to cancer”. This doctor was vilified for having the temerity to treat and cure cancer, cancers of all shapes and sizes.

This doctor's book is freely available on the web his name. Dr William Donald Kelly, D.D.S., M.S.

Some 34 years before Professor Plant came to the conclusion that it was dairy causing cancer, Dr, Kelly had come to the same conclusion. His comments are to the effect, an excess of female sex hormones is the problem. When the delicate male female sex hormone balance is upset cancers can start.

He makes a point in the book that before insulin was discovered, those people with sugar diabetes would ask our learned friends the doctors. “Is there anything I can do to help my condition”? No would be the reply, just go home, and die. Even though the people themselves have figured out if they ate leafy green vegetables and reduced the amount of sugar they would be healthier. And those individuals with lower sugar levels, lived much longer. They survive longer, and did better than a person who didn't watch the diet.

It was only after the development of insulin that doctors figured out that indeed diet was a factor. We can argue the reason they didn't know these things was because in those days they didn't have very good analytical facilities available to help them.

What Dr Kelly was saying was that some day, hopefully in the near future, doctors will figure out that indeed diet is as important to the person with cancer, as it was to the person with sugar diabetes. It never ceases to amaze me that in the face of mounting evidence, and I'm not just talking about the normal diet, I am talking about anything that changes the status quo, there is incredible resistance to accept there may be some truth in a new idea. There is, however, just the usual knee-jerk reaction that it cannot be so. I've never heard about it. It hasn't been tested, there have been no double-blind trials.

Dr Kelly says that the pancreas simply cannot manufacture enough enzymes to digest the large volume of pasteurised milk and cheese and cooked meats we eat to have any enzymes left over to digest foreign proteins that we know is cancer. He makes the comment that if the average cancer patient is carefully observed, it will be noted they start the day with protein. A glass of milk, ham, and/or bacon and eggs or milk with cereal. By mid-morning they have that empty feeling and are hungry they devour peanuts, donuts, sweet rolls, soft drink or coffee. For lunch they normally have a roast beef sandwich or chicken deep fried in trans-fats or vegetable oil or they might have a hamburger. By mid-afternoon, again, they are ravenously hungry and have and attack of low sugar. So they perk themselves up with a coffee, or a soft drink.

Dinner consists of a char broiled steak or a piece of roast beef or any other cooked meats with white flowery gravy and cooked to death vegetables. For desert there is ice cream, and more pie with another glass of milk. It is impossible for the pancreas to produce any more enzymes under these conditions.

My point here is that Dr Kelly is backing up Professor Jane Plant's theories.

There is also some startling information to hand. That indicates that women that are receiving radiation of the breasts for cancer is at risk for heart disease, further down the track. So much so that it is calculated that the benefit gained by women receiving irradiation, was wiped out by these same women dying of heart disease at a later time.

As usual, the medical profession fought tooth and nail against this finding, and it took 20 years for these facts to be accepted. One of the reasons why it took them so long to accept the information and research, was the fact the doctors, again in their infinite wisdom, thought the heart radio resistant. Sometimes you've got to wonder about these people.

It was only in the late 70s that the medical profession accepted the fact that we may have been saving the patient from breast cancer, but we were killing them of heart disease.

In a Swedish study, involving almost a thousand women with breast cancer. From 1971 to 1976, almost 60 women had heart attacks during the follow-up period, which

averaged about 20 years. It would also appear patients who received high doses of radiation, had twice the risk of those that haven't.

Yet another study, measured how strong the heart was 15 to 20 years after irradiation for breast cancer. Fully a quarter of the patients treated with radiation on the left breast, had heart related problems. This compared to none in the control group.

New Zealand had an interesting piece of research in which they found that 94% of rabbits that had been irradiated, then had some form of heart disease. It would appear that there was that almost instantaneous reaction which appeared within 48 hours. Then starting from about the 50th day, a delayed reaction seemed into being, which reached its full peak after about 90 days. By 150 days, 50% of the animals had died.

Anyone for radiation treatment, how about Electra shock therapy, or lobotomies? These are the people that tell us they want us to trust them.

Those days are over.

Scd

Wrcd

Chapter 15

Laetrile or B-17

Dr Ernst T. Krebs by the time he died, in 1996, completely explored the workings of Laetrile. This has been mentioned elsewhere, but it is worth restating, laetrile or B-17 contains two toxic elements, these elements are cyanide and benzoldehyde. A normal healthy cell has as a protector, the enzyme Rhodanese, whereas a cancer cell has none of this protective enzyme, the cancer cell, on the other hand, has an excess of another enzyme Beta-Glucosidase.

As B-17, laetrile, is presented to the cells of the body, the cells react by using the enzyme rhodenese to change both the cyanide and the benzoldehyde, into useful byproducts that the body can use. However, as the B-17/Laetrile approaches the cancer cells which have no rhodanese, these two products do not get changed into their healthy byproducts. The cancer cells, on the other hand, have that another

enzyme, beta glucosidase, in oversupply. Now this beta-glucosidase rather than protect the cancerous tissue, unblocks, or unlocks the cyanide and the benzoldehyde.

These two elements in combination are far more toxic than one or other acting on their own.

There had been a concerted effort to keep B-17 under wraps, the usual methodology is used, discredit any findings of a positive nature and make it difficult to get supplies. A gentleman called Ralph Moss in 1977, worked for Memorial Sloan Kettering Cancer Centre. He was highly regarded within the organisation, and indeed in 1977 had been promoted to be the assistant director of public affairs.

Moss knew that laetrile had received negative and hostile attention from the California cancer commission since the late 1950s. Moss in the normal mode of doing his job organised an interview with Kanematsu Sugiura who was one of the centre's cancer researchers.

During the interview, which again was not related to B-17, he found that the scientist had been testing B-17. He had been getting very interesting, promising and positive results. He was however, under pressure from management to refute the results. He would not refute the results he was getting.

Moss, consequently, as he dug a little deeper, found that other researchers had had good results in testing B-17. They however, had been asked to change the amounts they were using so that the results would not appear as positive.

In bringing all this information to the public's attention via a press conference, Ralph Moss was fired.

There are other names for B-17, laetrile and amygdalin and for ages, we have been eating foods that are high in B-17 without being aware of it but diets have changed over the years, and for the most part, B-17 or Laetrile has been removed from our diets. It appears to be no coincidence that as B-17 's availability has dropped and the cancer rate has risen.

There are people on this planet who don't get cancer, and I don't mean as individuals I mean as a people. They live on diets extremely high on B-17.

B 17 seems to work on all types of cancers. It also seems to help with the pain associated with cancer and increase the survivability of the patient.

There are a number of studies with regards B-17/laetrile. In one large paper, on Laetrile, they concluded that 65% of the patients received pain reduction from its use and some patients already on morphine were able to stop using it.

Another study in California, they found that the mean survival time of animals treated with laetrile was 70% longer than the controls. This was even reported in the United States Senate.

Another study in Paris showed that mice treated with B-17/laetrile survive on the whole, twice as long as the control group.

Whilst at the same time a study involving 178 patients, run by the Mayo Clinic on patients with advanced cancers and reported in the New England Journal of medicine in 1982, concluded that B-17/laetrile was ineffective against cancer. However, there was great concern that 66% of the patients selected for the trial had already been subject to toxic chemotherapy, and that the quality of the laetrile was a poor.

One of the cancer clinics using laetrile offered to provide the Mayo Clinic laetrile of quality free of charge. The Mayo Clinic refuses.

It would also appear that Dr James Cason of UCB reportedly tested this substance used in the Mayo Clinic study and found that it did not contain any laetrile.

There was also a study conducted by Loyola at University Chicago. They used a combination of Laetrile and vitamin A. 75 of the animals in these experiments

underwent complete regression. That is a 89% success rate, nine animals showed a partial regression.

Ralph Moss writes “spokesperson's for orthodox medicine continued to deny that there has been any animal studies in favour of laetrile. This is contradicted by a number of studies, including but not limited to those of Sloan Kettering” Moss should know. He was fired, as I have said, by the Sloan Kettering Institute for releasing information relating to the experiments they had been conducting and resulted in a positive outcome.

It would appear that laetrile in small doses would prevent the metastasising of cancer, whilst in trying to treat the primary cancer much larger dedicated injectable amounts would be required.

The suggested amount of laetrile for treatment has been set at 6 grams intravenously once a day. Laetrile can also be taken orally, but the suggested amounts taken would be half the intravenous recommendation.

Dr Krebs suggested that the minimal dose would be 50 mg per day for a normal healthy adult. An individual with cancer or predisposed to cancer, would require the amounts suggested above.

Dr Krebs, by injecting himself with massive doses of the B-17/laetrile proved that it was completely safe. He reported absolutely no ill effects. Remember, the reason the Laetrile is as safe as its chemical makeup, I. E. the cyanide and the benzoldehyde contained therein, when combined the rhodanese in the cells that are healthy is turned into productive nontoxic substances for the body. However, as I explained earlier, the cyanide is tightly locked up with benzyldehyde. Only beta-glucosidase contained in the cancer cells can unlock these two substances. That is real beauty of Laetrile. These two substances, each in their own right, is a deadly poison, but when they are unlocked by the beta glucosidase they act together and produce an extremely poisonous and deadly cocktail for cancer cells.

There are many foods that are rich in B-17 laetrile. Apricots kennels are the richest source, but it is also found in most fruit seeds, including macadamia nuts, apple, peach, cherry plums, cherries and nectarine.

It is also found in the wheat grass, lima beans, munk beans and millet.

Trophoblast cells are the cells that, because they are so fast-growing, are used to start the healing process, or indeed a pregnancy. The theory here it is that when the body fails to stop trophoblast cells generating after, the healing is well underway. Then you have a cancerous situation. The body in a normal situation uses laetrile to destroy trophoblast cells after our slower growing cells at wound are well-established.

These are of course the same cells used to attach the fertilised egg to the uterus wall and become the placenta. You will remember though that Dr John Beard found that the trophoblast cells stop massive multiplication on the 56th day of the pregnancy. This coincided with the pancreas of the embryo switching on.

When the pancreas switches on, the embryo starts to produce pancreatic enzymes, among other things. One of those items is laetrile, the same enzyme that destroys the trophoblast cells when they have got healing off to a good start. Or in the case of pregnancy, when it is off to a good start and that the pregnancy is well attached to the uterine wall, and the pancreas of this fetus has become active.

Nobody seems to deny that that B-17 will destroy cancer cells. The problem seems to be that it does too good a job, in that having killed the cancer cells, the body cannot detox itself speedily enough. Therefore, it would appear to be toxemia that is the real problem here. In that after the B-17 has destroyed the cancer cells some of the masses are too large for the body to effectively get rid of these dead cells.

It would appear that in these cases, it would be a good idea for the person to have surgery to remove the large tumor mass. Then the B-17 to be put to use to kill the trophoblast cells that are left.

For those among us who like a little more technical detail, you might find the following interesting.

When B-17/laetrile interacts with the beta glucosidase of the cancer cells, it breaks down into its component parts. Those component parts,

Two molecules of glucose.

One molecule of benzoldehyde.

One molecule of hydrocyanic acid.

The first of these three is of course, glucose, a sugar. The next thing is interesting, benzoldehyde, works as an analgesic. That is it relieves pain. And the hydrocyanic acid is of course a poison.

So, when we add the beta glucosidase and the B-17 together, we end up with toxic cyanide and an analgesic.

The sad thing for the cancer cells, and the good thing for us, is that they, the cancer cells, contained thousands of times more beta glucosidase than normal healthy cell.

There was a large study done with regards to the pain relief aspect of B-17, it was found that 65% of patients received significant pain reduction. There where a number of patients on morphine who were able to stop using this narcotic.

In an animal study. It was found that 70% of the animals lived longer than the control animals.

In another study in the United States after six to eight days of treatment with B-17. The cancer showed ulceration at the tumor site. There was a puss like fluid within the ulceration, which, on examination proved to be dead malignant cells.

It would appear that if the cancer is given time to establish itself firmly, there B-17 or on its own, may not be able to eradicate it, however it would seem to be extremely efficient in stopping the cancer metastasizing.

Recommended dosage would appear to be, if one is taking it intravenously, 6 g per day, and if one is taking it orally, 3 g per day.

It would appear that the discoverer of B-17, Dr Krebs, suggested that the minimum dose for a normal healthy adult would be 50 mg per day, and that anyone who is pre-disposed to cancer may well require much more. Whereas an individual who already had cancer, would need much more still.

So Dr Krebs was suggesting a multi-layered approach, dependent on the person's needs. As a guide, a single apricots seed would yield approximately 4 mg of B-17.

As more and more information comes to hand, and as we really begin to understand the mechanics of the body, we learn that zinc is the transportation mechanism for the B-17 in the body. They are finding that you could give the patient an infinite amount of B-17 but, if they were short of zinc the B-17 would not be utilised simply because without the zinc, the B-17 could not get into the cells.

As we begin to understand these things, it becomes apparent that cancer is best treated by a holistic approach consisting of diet, pancreatic enzymes to help our diet and to take the weight of the pancreas, trace minerals elements and B-17.

There are two enzymes extricated by the pancreas that are of the utmost importance in dealing with cancer. The first Trypsin and the other is Chymotrypsin and the reason for this is that these two enzymes work to dissolve the outside coating of the cancer cell, which is an extremely hard protein, and because it is so hard, our normal *cells are ineffectual against the cancer's outside shell protein.*

An interesting note is the fact that B-17 is 1/20 as toxic as aspirin.

Wrcd Sc

Chapter 16

Seaweed

Apparently a biomedical research laboratory in Japan have discovered that a polysaccharide known as U-fucoidan, which is found in brown seaweed, causes cancer cells to commit suicide. Or as a doctor would say Apoptosis. It has therefore been confirmed fucoidan has anti-tumour properties and it causes the rapid dividing cancer cells to, as I said above, self-destruct.

The types of cancer we are talking about are as follows promyelocytic leukaemia, stomach cancer, and colon cancer. According to research, this would appear to attack and kill the cancerous tumours and at the same time not in any way adversely affect normal cells.

There is a slight difference between apoptosis and necrosis, the former is when a cell self-destructs by giving itself these instructions, whereas necrosis is when the cell is destroyed by an outside influence. Apoptosis is a normal function of a healthy cell. When the cell is damaged beyond repair, it gives itself the signal to die. It is also thought that it may well get signals from other cells around about it that tell it that it is beyond repair and needs to destroy itself.

The Japanese apparently have been using this product for a number of years now. They have concentrated the product in such a way that one doesn't need to take a barrow load of tablets to get the effect. It would appear people using this fucoidan have improvements in blood tests after only about two weeks. Also, apparently, a reduction in tumour size, all within two months, and on about six capsules per day.

It would appear that fucoidan also interferes with the cells metastasis, is, that is to say it stops at spreading through your body.

This certainly, bears looking into, as we need any edge we can get against this insidious disease.

Scd

Wrcd

Chapter 17

Essential oils

If we just look at the United States, Cancer is the second leading cause of death. Lung cancer is the most common followed by breast cancer in women and prostrate cancer in men. The risk of you developing cancer in your lifetime in the case of men is 1:2, and in the case of women.1:3. Put in a more understandable fashion, this means if we take the entire population of the United States as approximately 300 million, there are approximately 1500 deaths from cancer every day.

It has been calculated that in the United States, the direct medical cost from the loss of production, and early mortality is $143 billion.

There are obviously genetic risk factors, stacked up against those factors which are controllable. The most important single factor is DNA repair, if this functions correctly then it can compensate for most mutations.

There are different sources of mutations, intercellular mutations, this is caused by DNA copying errors or DNA in divisional errors or by free radicals.

There is an also extra cellular mutation, which is caused by radiation, chemicals and/or the environment and in some cases a combination of all of them?

With cancer, any damaged DNA is propagated in the new cells produced and also causes the malfunction of growth cell signals and death signals (apoptosis.)

Fighting cancer.

There are a number of problems in diagnosing cancer, such as the time that has elapsed before diagnosis. Or multiple mutations which are very difficult to characterise. There are also problems in treating cancer. These could be the genetic variation between patients. Different micro-environments and different cancer cell types.

Chemotherapy targets rapidly dividing or proliferating cells. This would include those cells in the GI tract, hair cells, and the bone marrow, which are not cancerous (at the stage). The problem is, in these areas these cells may not be cancerous, and radiation may only kill some cells and cause others to mutation. There also may well be side-effects and chemotherapy compromises the immune system.

There is new cancer research taking place in which new ways of treating cancer are being addressed for example. Many plants have a long, medicinal history, hyssop, spikenard, myrrh and frankincense, which are all mentioned in the Bible. These oils have a long medical history as treatment for cancer and yet less than 1% of higher plants have been exhaustively studied for medicinal value. There remains a high probability new drugs remained to be found. We have had good success so far, many anti-cancer drugs currently on the market were developed from plants.

Taxol

Colchicine

Vincristine

Essential oils have some specific functions:

They can be protective and help in coping with environmental stress.

They can be destructive, in that they can help kill or inhibit the growth of invaders.

They can be stimulatory in that they can promote cell growth.

Essential oils are extracted by steam from plants or distilled from various parts of plants.

These essential oils contain many of the physiologically active chemical constituents,

Terpenoids

Phenols

The secret is synergy. This particular researcher set out to screen 74 essential oils, including 69 single oils and five oil mixtures to see their effect on cervical, breast, skin and prostrate cancer cell lines. She also wanted to look at non cancerous 3T3 (mouse), fibroblast cells.

She also decided oils showing 50% or more cancer cell inhibition and 25% or less inhibition of non-cancer cell growth will then be recommended for further study as potential anti-cancer drugs.

She found that 58% of the 74 oils showed a general cancer inhibition of 50% or greater.

Also 54% of the 74 oils selected showed cancer specific inhibition and several of these were acting against two or more cancer cell lines.

She found of particular interest oils showing a synergistic effect, and oils with significant activity at the lowest concentration tested and of particular interest oils with multiple anti-cancer lines activities.

I only intend here to highlight those with exceptionally high results.

Name of oil	concentration	HeLa	Prostrate	breast	skin	3T3
White fir	200	85.2			5	5.1 14 .3
Frankincense	100	72.1				
Citrus Paradisi	200				8	0.5
Ferula geummosa	200	98.8				
Hyssop officinales	200	90.2			75.	9
Myrtle cablin	50	98.5				
Sandalwood	100	97.2	84.1	98.1		50.7
Thyme	200	99.1				93.1.

I have only chosen to show those of the highest value in sharing this with you. This particular researcher chose 74 oils to test and she reported on the highest 25. I on the other hand, have taken the 25 that she had reported on and brought that down to 8.

However, look at these numbers. I suppose you could say that the ones we were mainly interested in were prostrate cancer, breast cancer and skin cancer.

Nevertheless, you can see in this chart sandalwood has an 84.1% success rate against prostrate cancer, 89.1%, breast cancer and thyme 93.1%, kill rate with skin cancer.

With these reported success rates, wouldn't you like a supply of these oils right now? This demonstrates without a doubt, essential oils have a potential as anti-cancer drugs, and they are not as expensive as many anti-cancer drugs. The screening processes to test these oils are fast, inexpensive and useful in providing good leads about which compounds should be further investigated.

Further research needs to be done on promising essential oils. This will and should lead to new cancer drugs.

There are many areas in which we should be interested, here are a few.

Using oils to stimulate apoptosis. (Death)

Using oils to stimulate DNA repair.

Using oils to stimulate immune protection.

Preventing metastasis. (Spreading)

The whole subject of oils would take up an entire book, and indeed has done so. There are many good suppliers of oil, but one needs to be careful, you must see to it that the oils you are purchasing are unadulterated, uncut and undiluted.

Unfortunately, in most health food stores and chemists the oils are in fact diluted or cut.

Scd

Wrcd

Chapter 18

Blue Green Algae

There seems to be the usual controversy with this product. As is our lot in alternative health products. People say that there are great health benefits to be had from blue green algae, such as: improving memory, greater mental clarity, focus increase, appetite control, increased energy and improvement in one's memory, helps with sugar diabetes, help with premenstrual tension and even depression.

Apparently, the Canadian government's concern is that the products on the market are contaminated with microcystins, Canada and the United States, Australia and Great Britain have specific levels of these toxins in the water supply which they consider safe.

Notwithstanding that the government of Canada is concerned about these toxins, people still take these products usually because they are dying of cancer. There is in the United States, a multilevel organisation that sells this blue green algae, and apparently they say from 1996 when the company started selling the product, there have been no reports back up the line that people have been getting sick.

However, in 1997 at the National Cancer Institute in Maryland reported a newly discovered protein that inactivates, kills, stops HIV, they isolated this compound from guess what. Blue Green Algae. Further yet another discovery by the Royal Victoria Hospital in Montréal Canada also had positive results, so positive that the multilevel Marketing Company I mentioned earlier uses this as part of their sales tools.

By the same token, however, the supporters of Blue Green Algae say that one of the active ingredients is Chlorella which is reported as being a powerful weapon against cancer. Japanese scientists have studied this chlorella and found that the mice injected with cancer and then given Chlorella, 70% of those mice survived. Where as all the control group died.

Another interesting fact is one that the Japanese have discovered in their ongoing research of the animals in the two cities destroyed by atomic bombs, Hiroshima and Nagasaki. They reported that 8 grams daily of chlorella, increased the elimination of the heavy metal cadmium, by a factor of three in the feces and seven times in the urine.

1990, medical College of Virginia, had a study chlorella. The study involved 15 patients glioblastoma. They were given 20 grams of powdered chlorella and 150 mL of liquid chlorella; some were also given standard chemotherapy and/or radiation therapy. There was a surprising and significant increase in the immune system immediately, plus the fact of a 40% two-year survival rate was indicated on follow-up studies. This type of tumour is rare and would normally yield a 10% survival rate after this length of time.

In 1992 and other published Japanese study showed that chlorella had an amazing effect on blood chemistry. Red blood cell count was increased, white blood cell and platelet and albumin all increased. This is interesting because most people with cancer have a decreased level of albumin and this is unfortunate as it is one of the body’s most powerful antioxidants.

It is also one of the major carriers of essential minerals through the body. It assists hormones, fatty acids and essential minerals, and is also instrumental in carrying away toxins to the liver to be broken down and excreted from the body. Without the normal levels of albumin in our body, then major organ like a kidney and liver cannot function as they should.

Again in Japan, other doctors have found that chlorella has helped in the detoxification of uranium and lead, it is also thought this might have potential to detox other toxic compound such as dioxin polychlorinated biphenyls and mercury. The mercury of course coming from the fact we used to fill our teeth as with amalgams, which contain mercury.

Spirulina

Spirulina has a blue pigment molecule SPIRULINA, and is A SPECIES OF BLUE-GREEN algae. The Aztecs consumed Spirulina and Japanese began to add Spirulina to food because it provides protein, vitamins, minerals, antioxidants, and heart-healthy fatty acids.

In one human study published in a Dutch journal last year, researchers gave Spirulina extract daily to 12 healthy men aged 40 to 65. After four weeks, more than half the men showed increased cancer-fighting immune cell activity.

In a controlled study published in the Journal of Medicinal Food in 2000, scientists treated blood from 12 healthy volunteers with a saline solution that contained Spirulina. After 72 hours, the treated blood contained 13 times more cancer-fighting immune cell proteins than untreated blood.

In another controlled study published last year in the Journal of Neuroscience, researchers fed old rats diets enriched with Spirulina. After 14 days, the researchers compared the brains of old and young rats fed no Spirulina. The old rats that ate Spirulina showed significant improvement in the brain activity that affects motor learning. Spirulina also reversed free radical damage in their brains to the levels found in the young rats.

The Chicago Tribune, February 9, 1996 reported "Blue-green algae... has yielded a promising new family of anti-cancer drugs. The compounds derived from algae have shown remarkable ability to shrink tumors in mice, enough to cure some animals.

"Mice were implanted with cancer cells that cause breast and prostate cancer in humans, and treated with algae-derived compounds called cryptophycins, which appear to attack the internal structure of cancer cells, blocking their ability to continue spreading."

Scd

Wrcd

Chapter 19

“There are many cures for cancer”.

This statement was made by Dr Robert Atkins MD. He has tried to share his knowledge through the books he has written and the people he's taught, and his reputation here is well known.

There are two things I would like to tell you to round off this book. One is a story of a farmer from Melbourne. The second in a story of a farmer from Owens Valley in south eastern Australia. Both stories are so similar that we should have a really good look at them.

So, let me tell you about the first one, the story is of a Melbourne farmer, and I read it in the Nexus magazine somewhere in the middle of 2005.

This West Australian farmer was diagnosed with bowel cancer. The doctor arranged for him to check-in to the hospital and have the cancer removed. When he got to the hospital they did additional checks and x-rays. All the doctors had a conference, and they agreed that his cancer was inoperable and they indicated that his heart was not strong enough to survive such major surgery.

So the farmer left the hospital and was determined that he would treat himself because, over the years he had treated his cattle and sheep for cancer, and the prevention of various ailments. One selenium drench concentrate had proved especially effective. He decided to formulate a daily dose for himself based on its own body weight as he done so often for his animals.

Over the next few months, he took his concoction on an empty stomach each morning. It's reported that after a few months, his wife said to him he was looking better and that he didn't look sick at all. Why don't you go back to the doctor and have him check you out. After the doctor had in fact checked him out with an

external examination. He was able to tell him, as a wife had suspected, the cancer had gone. The advice was now somewhat different. He was told to go home and enjoy life.

A short time after this, a well-dressed lady arrived at the farm. She indicated to the farmer they both sheared the same doctor, and the doctor had told her, he, the farmer had cured himself of bowel cancer, where the medical profession has sent him home to die. She indicated that she had bowel cancer and asked them if he is would share his treatment with her.

He indicated that this was more than his farm was worth for him to supply her with medical treatment as he was not a doctor. However, being a compassionate individual, he could see that the woman, like he, had been, was desperate. So, he said to the woman he would put the ingredients he had used outside his barn. He would show her how to mix it up. He, however, would not give it to her. He then said that he and his wife had some farm chores, milking their cows, feeding the chooks and so on.

He indicated to this woman if she chose to steal the ingredients he put out that was up to her but he could not give her any. The woman, of course, did steal the products and treated herself and like the farmer cured herself. A month later she returned to the farmer with a. present, she then indicated to the farmer that she was cured and had been given a clean bill of health by their mutual doctor.

Soon after this another car pulled up in the driveway with another lady in the same type of the stress. He gave this lady exactly the same information as he gave the last and told her he would treat her exactly the same way as the last woman was treated. ie. he would allow her to steal the products.

The coup de grace was a number months later, and with a little bit of amusement. The farmer's own doctor arrived at the farm, stating the visit was not a social one, he now had bowel cancer and wanted to have the farmer share the treatment with him.

The farmer did the same as he did with the other two individuals, and allowed the doctor to steal the materials. The article goes on to say that the friend who had conveyed the story to the individual who had sent it to Nexus was a suspected prostrate cancer victim having a very high PSA. He immediately went on to the

treatment and very quickly his PSA went down to normal. Another of this young man's friends has a prostrate cancer and having surgery planned. He went on the selenium treatment, and recently without surgery, he was given the all clear. He indicates other friends have gone on the treatment as a precaution, and they have found that minor skin cancers on their hands had gone.

Apparently the treatment worked out by the farmer is with selenium drench concentrate, which anyone can purchase from a veterinary product supplies. It is liquid selenium. For years the sale of selenium for human consumption has been prohibited.

Percy Weston

The second story is about Percy Weston whose story is absolutely fascinating. Percy lived till he was about 101 and his story is told in a book cancer, CAUSE AND CURE in which he describes curing himself of cancer and curing his wife of cancer. He also indicates that his cure was derived after a trial and error, over many years of watching his sheep and cattle getting cancer and he curing them.

He made supplements for them and killed off the cancer. He realised that if he could cure his cattle and sheep of cancers he could cure himself. He subsequently cured himself and his wife of cancer, using only materials available on the open market.

His story has somewhat of a different ending, and he was to live to see his product on the market and eventually the product he developed was and still is registered by the TGA and is freely available in the marketplace.

He maintained that we were not designed for foods saturated with preservatives, antibiotics, artificial flavours, chemical fertiliser's pesticides and hormones. Nor were we designed to consume foods that were ruined by radiation, microwave cooking, deep frying or scalding hot temperatures.

Percy Weston at 31 years of age found himself totally drained of energy and burnt out. His doctor diagnosed anaemia. Western got to wondering, perhaps, his typical Australian diet was to blame, and that it may have lacked essential minerals. He looked at what he was consuming as his stable foods, porridge, bacon and eggs, meats, bread, beans, macaroni, pork, rice, potatoes and tomatoes. He realized these foods contained a great abundance of acidic materials such as phosphorus and chloride. Rather than alkaline materials such as calcium, potassium and magnesium.

He had a growing suspicion the vegetables growing in the fields which he regularly fertilised with super phosphate was making matters worse. He knew from experiments he had conducted in the fields the constant use of super phosphate fertilisers could skew the take-up of minerals and trace elements in the food crop producing minerally- deficient crops.

He is not alone in this assertion. Dr Igor Tabrizian in his book “NUTRITIONAL MEDICINE: FACT AND FICTION”, makes the same assertion that the soils we are growing of food in are sadly depleted in essential minerals. Percy Watson made easy full of rapid recovery with a change of diet, abundant in alkaline minerals, including fruit and vegetables from his father's organic orchard.

He became convinced that he needed to formulate a cellular dietary supplement to neutralise the acid in the body and to make up for the imbalance of minerals in the food chain. What spurred on his development of this came with a bout of arthritis in his 40s. At this time he was able to put his studies of crop nutrition and observations of the mineral preferences of sheep to good advantage. His new, largely vegetarian diet and new mineral supplements worked wonders. However, the fine tuning of the formula took decades.

With the advent of World War two, agricultural chemicals flooded the market and farmers were advised to use them to maximise their production to meet the quota of crops they were told to grow. Yet, Percy observed when he did, he had problems of insect infestation and animal mortality. He noticed that in his district as a whole the overall cancer rate was rising, and he finally succumbed to cancer himself.

He realised that he could no longer rely on the scientific community for help, he had to be totally self-reliant. He cured himself with diet and mineral powders.

The local community soon discovered what he had done for himself and the fame of his diet and mineral supplement programme for humans spread far and wide, more especially as the diet and the supplement effected recoveries from cancer by family and friends. People came from far away to buy Percy's mineral powder.

Percy's longevity allowed him, unlike others who had not lived so long, to look back over this period of time when even commercially grown fruits and vegetables possessed home grown qualities and had distinctive flavour and freshness. There were multiple varieties and flavours of apples available before the present era. Farmers had fewer problems with insects before chemists unleashed their marvellous new and improved insect killing materials, which only had one problem. It killed both the prey-and predator alike. These chemicals upset the biological balance of the soil.

Sheep and cattle thriving on pasture there is natural, and not overstocked and thereby not depleted of trace elements. Percy remember that in his father's generation, people lived an active life well into the 60s and beyond without succumbing to cancer, arthritis, diabetes and other moderate metabolic and the generative diseases.

Percy's advice is that we eat living foods, preferably freshly picked, as this is part of the secret. He maintained that when you eat like this you can tell the difference. He maintained that high quality produce gives you the energy you need and you need less of it to feel satisfied and full.

As it is rich in minerals it will not readily rot. They will only dehydrate.

Percy observed through sheep, cattle and overall nature, what man was doing wrong, and at the same time he concluded that he had worked out a way he could rectify this. He could check disease and maintain wellness. He grew his food in good soil by organic methods and supplemented his food with a sprinkling of his mineral formulas. He used ionised water, or better still, stirred the powder into a glass of cold water with the juice of half a lemon. The resulting mixture has the key electrolytes present in exact ratios of bioavailable sulphates. He now made this available to all.

Humans and animals derive minerals from food plants which in turn, get them from the earth. The plants change the inorganic material to organic celluloid. This occurs

in the root zone of the plant with the help of bacteria and fungi. The minerals are then able to pass into cells as atoms or ions. Positive irons include hydrogen sodium potassium, magnesium and calcium.Negative irons include phosphate chloride and bicarbonate.

We can then measure the pH level of the plants by the concentration of hydrogen ions. The more positively charged hydrogen that is present, the more acidic. The opposite is also true, the less hydrogen ions present, the less acid. The pH scale is from zero to 14, seven being considered neutral, and above seven is considered alkaline. We should strive to keep bodies with the pH level greater than seven.

Science today tells as that us as humans need approximately 60 minerals daily for optimum health, plants on the other hand need fewer. But definitely, they need more than five or six as most are supplied within commercial fertilisers.

When the plants are short of particular nutritional trace elements, problems occur. An example: - chlorosis in tomatoes is due to the lack of manganese, which allows infections of the planet by fungi and in fruit trees rosette is caused by zinc deficiency.

It would appear farmers are forgetting the lessons of history. The lessons taught over the generations by trial and error and experience, past on from father to son. In my youth, I would see that the farmers would leave the field with nothing growing in them except weeds and I would ask my father or grandfather why this was so. I was told that this was the policy of the farmer to leave the field to lie fallow, once every four years and yet. I would then see the farmer working in that field ploughing it, but not planting and the reason for the ploughing was to turn the weeds back into the ground.

This practice now seems to have ceased, in an attempt to maximise the productivity of the ground. At the same time as this is happening we are supplying the ground with super phosphates. This practice encourages the ground to produce more and more often. Unfortunately there is a side effect of this practice as after a time the earth, as Percy discovered, will go on strike and produce nothing.

We are then forced to give the land a break then after this short rest the land will once again start to produce on its own. Bio dynamic farmers insist on crop rotation and encourage soil life; weeds are not discouraged since they will eventually return to the earth the minerals which they have to redress the imbalance. For example

scientists today say that broadleaved weeds act to detoxify chemicals in the soil by metabolic process.

Percy noticed the weeds reduced excess phosphorus. He also actively returned trace elements to the soil by slashing, mulching and composting and at the same time giving mineral licks to the livestock to help his animals and to passively fertilise the paddocks.

Percy contended that the continued overuse of artificial phosphate fertilisers such as super phosphate upset the balance of nature. This occurs by introducing too much phosphate into the food chain whilst inhibiting the uptake of essential minerals. The more intensive farming practices operating today deplete the essential minerals such as iron, zinc cobalt selenium baron and Molybdenum, which are needed by our bodies in trace amounts. The result is plant foods of poor nutritional value, short shelf life and lack of flavour. As a consequence, we have malnourished consumers, and if you haven't noticed, that is us.

There is a British agricultural specialist and medical doctor, Dr Arden, B Anderson, who is helping farmers all over the UK. He makes the comment that people and animals are “Starving to Death on Full Stomachs”. He makes a point also that the phosphates in the chlorinated fertilisers which we use on our farms and our home gardens actually kill soil microbes that would make minerals available to plants.

We are continuing to see an amazingly large drop in the mineral content of produce. Dr Anderson is in demand worldwide for his expertise in teaching farmers to raise farm productivity by working with nature instead of against it. He maintains degenerative practices such as the use of muriate of potash, which is potassium chloride, and also the use of industrial wastes, like spent acids such as phosphoric and sulphuric to make cheap fertilisers such as ammonium sulphate, liquid sulphur and various other liquid blends, hurting the soil not help it.

Dr Philip S. Callaghan, who is adamant that we do not need pesticides to control insects. In his research on insect antenna, he maintains that they work in like semiconductor circuits to process the vibrations from plants. It turns out that each species of insect has genetic instructions as to which specific foods they are to devour, and he says that they use these near their antenna to find these foods.

Everything that you can see, smell, touch has its own frequency. Therefore all planets have the own frequency. This doctor believes that the plants have a particular, specific vibrational frequency in the infrared spectrum. If a mineral imbalance is severe, the plants will vibrate at a frequency different from their normal healthy frequency, and had those correct minerals been available to the plants they would have vibrated at their own special and correct frequency. Dr Anderson contends as the plants are mineral deficient they then vibrate at a different frequency, the insects see this vibration, note that it is different from normal, which they then read as an unhealthy. These are the plants which they are programmed to look for and consume.

We then misinterpret this, because we have not understood the process. We see the plant as healthy and their insects as a pest. We then move to eradicate the insects.

By the same token, if there is a severe mineral imbalance in the plant, nutritionally, they are of no use to us, we just don't realise it. So the real task of the insects is to take out of circulation, those sick plants. They are brighter than as, they figured out which plants are sick, and we haven't and are still eating them. We are the ones that then get sick.

According to Gary Tunsky, if a body can't get rid of excess acid. ie. the phosphates in the chlorides etc, which come from the acid foods, beverages, pharmaceuticals and alcohol, this will throw your, pH balance off and create an acidic environment at cell and tissue level. He says there are nine ways, the body in the normal course of events, tries to neutralise acid waste.

The last three of these nine steps the body uses are particularly interesting; these last three steps are as follows:

(7) The body will steal buffering materials from other parts of the body like bones teeth, joints and muscles.

(8) The body will push excess acids to the outer extremities to keep it away from vital organs

(9) Dump acids directly into the blood and vital organs

These last three stages or measures the body can take causes extreme and dramatic side-effects, Dr Tunsky, says the body will commandeer minerals from anywhere in the body in an attempt to preserve the pH level the blood.

Here is the interesting part. He asserts that when this excess acid is stored in the wrists, it is called carpal tunnel syndrome. If stored at the feet and the toes, we call it gout. If stored on the skin, we call it dermatitis or eczema. If it is in the joints in the fingers, this is called rheumatoid arthritis. If in the tissues, we call that fibromyalgia, chronic fatigue or degenerative disease.

Finally, when the body has no other methodology of handling the excess acidity of bodies, it will dump the excess into the blood and vital organs. He maintains that this is when chronic disease conditions such as cancer and diabetes, heart disease and debilitating arthritis will make themselves known. Guess what we call it if the acid is stored in the beta cells of the pancreas. We call that diabetes mellitus. If the acids are stored in the colon you will then exhibit the symptoms of diverticulitis, Crohn's disease, leaky gut, constipation or colon cancer. You may take your pick. If the acid toxins accumulate around your myelin sheath. We call that multiple sclerosis.